

Altrincham & District Athletic Club

Club Records: 1 mile track race - Female

Age Group	Name	Record	Year
Under 8	Cerys Smith	7 min 32.30 sec	2016
Under 9	Nicola Scott	6 min 47.90 sec	2005
Under 10	Chayce Smith	6 min 43.30 sec	2009
Under 11	Claire Demaine	6 min 07.20 sec	1989
Under 12	Carolyn Kenyon	5 min 49.00 sec	1988
Under 13	Claire Demaine	5 min 36.10 sec	1991
Under 14	Lucy Smith	5 min 54.40 sec	2007
Under 15	Carolyn Kenyon	5 min 31.90 sec	1991
Under 16	Lucy Smith	5 min 34.20 sec	2009
Under 17	Carolyn Kenyon	5 min 32.10 sec	1993
Under 18	Sophie Preece	6 min 00.70 sec	2012
Under 20			
Senior	Jayne Spark	4 min 41.40 sec	1992
Veteran o/35	Anne Pugh	5 min 09.00 sec	1990
Veteran o/40	Anne Pugh	5 min 11.00 sec	1999
Veteran o/45	Anne Nally	5 min 45.00 sec	1988
Veteran o/50	Katherine Harvey	6 min 08.70 sec	2008
Veteran o/55	Anne Nally	6 min 30.00 sec	1997
Veteran o/60	Ann-Marie Jones	6 min 42.00 sec	2016
Veteran o/65	Jean Dolan	7 min 42.10 sec	2014
Veteran o/70			
Veteran o/75			
Veteran o/80			