

Altrincham & District Athletic Club

Club Records: 10000 metres - Male

Age Group	Name	Record	Year
Under 16			
Under 17	Philip Nichol	33 min 27.00 sec	1983
Under 18			
Under 20	Hugh Symonds	31 min 57.00 sec	1971
Senior	Alan Blinston	29 min 28.00 sec	1972
Veteran o/35	Dave Norman	31 min 00.63 sec	2014
Veteran o/40	Jeff Norman	32 min 39.90 sec	1987
Veteran o/45	Dave Attwell	33 min 38.70 sec	1986
Veteran o/50	Derek Walton	36 min 46.00 sec	1997
Veteran o/55	Derek Walton	38 min 57.00 sec	2001
Veteran o/60	Bernard Blow	41 min 17.00 sec	1987
Veteran o/65	Derek Walton	43 min 35.00 sec	2009
Veteran o/70	Derek Walton	60 min 36.70 sec	2014
Veteran o/75			
Veteran o/80			
Veteran o/85			