

Altrincham & District Athletic Club

Club Records: 4 x 400 metres - Female

Age Group	Name	Record	Year
Under 15			
Under 17	Leanne Sigsworth Charlotte Bent Amber Tarry Isabel Hainsworth	4 min 34.30 sec	2008
Under 20	Isobel Hainsworth Lucy Smith Rachel Meaney Sophie Preece	4 min 30.20 sec	2011
Senior	Leanne Sigsworth Rachael Lee Helena Flippance Helen Armishaw	4 min 15.30 sec	2009
Veteran o/35			
Veteran o/40			
Veteran o/40			

Veteran o/45