

Altrincham & District Athletic Club

Club Records: xxx metres - Male

Age Group	Name	Record	Year
Under 15	Peter Begley	3 min 39.40 sec	1985
	Andy Danquah		
	Harvey Packham		
	Ben Mabon		
Under 17	Paul Bingham	3 min 32.80 sec	1986
	Mike Gleave		
	Andy Danquah		
	Jason Lomas		
Under 20			
Senior	Steve Harrop	3 min 30.30 sec	1986
	Jason Burns		
	Bob Brown		
	Steve Enright		
Veteran o/35			
Veteran o/40	Bob Spark	4 min 00.10 sec	1993
	Chris Walton		
	Bob Brown		
	Barry Chapman		
Veteran o/40			

Veteran o/45