

## Altrincham & District Athletic Club

### Club Records: Heptathlon - Female

Age Group	Name	Record	Year
Under 14			
Under 15			
Under 16	Helen Roddis	2964 points	2003
Under 17	Sarah Thirlwell	3657 points	1995
Under 20	Claire Taylor	3720 points	1997
Senior			
Veteran o/35			
Veteran o/40			
Veteran o/45			
Veteran o/50			