

Altrincham & District Athletic Club

Club Records: 4 Mile Road - Female

Age Group	Name	Course	Record	Year
Under 15				
Under 16				
Under 17				
Under 20	Vanessa Mulholland	Timperley	24 min 43.0 sec	1996
Senior	Heather Knight	Timperley	20 min 56.0 sec	1998
Veteran o/35	Anne Pugh	Timperley	22 min 40.0 sec	1990
Veteran o/40	Pat Mee	Timperley	24 min 07.0 sec	1989
Veteran o/45	Anne Nally	Timperley	24 min 07.0 sec	1988
Veteran o/50	Anne Nally	Hulme	26 min 05.0 sec	1994
Veteran o/55				
Veteran o/60	Monica Shone	Chorley	29 min 56.0 sec	1989
Veteran o/65				
Veteran o/70				