

Altrincham & District Athletic Club

Club Records: 5 Mile Road - Female

Age Group	Name	Course	Record	Year
Under 16	Jayne Spark	Lino Type	29 min 17.0 sec	1986
Under 17				
Under 18	Gabby Carnworth	Wythenshawe Park	32 min 21.0 sec	1999
Under 20				
Senior	Heather Knight	Alsager	26 min 29.0 sec	1997
Veteran o/35	Heather Knight	Alsager	27 min 03.0 sec	1999
Veteran o/40	Vicki Perry	Wythenshawe Park	29 min 41.0 sec	1999
Veteran o/45	Kath Harvey	Wythenshawe Park	31 min 30.0 sec	2003
Veteran o/50	Anne Pugh	Manchester YMCA	31 min 30.0 sec	2005
Veteran o/55	Anne Pugh	Burtonwood	34 min 04.0 sec	2010
Veteran o/60	Jean Dolan	Sale Festive 5	39 min 50.0 sec	2008
Veteran o/65	Jean Dolan	Sale 5, W'shawe Pk	39 min 36.0 sec	2013
Veteran o/70				