

Altrincham & District Athletic Club

Club Records: 1 Hour Track Race - Female

Age Group	Name	Record	Year
Under 16			
Under 17	Catherine Shelley	8 mls 1674 yds 14 402 metres	1982
Under 18	Lynne Moore	8 mls 1260 yds 14 035 metres	1984
Under 20	Elizabeth Hardley	9 mls 616 yds 15 049 metres	1987
Senior			
Veteran o/35			
Veteran o/40			
Veteran o/45			
Veteran o/50			
Veteran o/55			
Veteran o/60	Monica Shone	7 mls 1302 yds 12 449 metres	1987
Veteran o/65			
Veteran o/70			
Veteran o/75			
Veteran o/80			
Veteran o/85			