

Altrincham & District Athletic Club

Club Records: 1 Hour Track Race - Male

Age Group	Name	Record	Year
Under 13	Ben Mabon	8 mls 234 yds	1983
	Jason Long	14 000 metres	1984
	F Jeffires		1984
Under 14	Jason Long	9 mls 1224 yds	1985
		15 600 metres	
Under 15	Graeme McKellar	9 mls 1662 yds 16 000 metres	1983
Under 16	Neil Eccles	10 mls 127 yds 16 206 metres	1985
Under 17	Philip Nichol	10 mls 1179 yds 17 172 metres	1983
Under 18	Philip Nichol	10 mls 1691 yds 17 636 metres	1984
Under 20	Paul Davies	10 mls 1691 yds 17 600 metres	1983
Senior	Steve Longdon	11 mls 88 yds 17 775 metres	1987
Veteran o/35			
Veteran o/40	Dave Attwell	10 mls 886 yds 16 900 metres	1985
Veteran o/45	Mike Brooks	10 mls 18 yds 16 105 metres	1987
Veteran o/50	Dennis Woods	8 mls 1690 yds 14 411 metres	1987
Veteran o/55	Alan Hardman	8 ml 991 yds 13 778 metres	1987
Veteran o/60			
Veteran o/65			
Veteran o/70			
Veteran o/75			
Veteran o/80			

Veteran o/85