ALTRINCHAM & SALE GUARDIAN THURS 2/6/88

Altrincham athletes on form

ALTRINCHAM and District Athletic Club took 22 athletes to Wrexham on Sunday in the second meeting of the Cheshire Track and Field League.

Edward Jordan won the U11 100 metres in 16.2 secs and later ran a tactical 800 metres, winning in fine style in 2mins 48.7secs.

The minor girls team produced creditable results including personal best times in the 200 metres for Laura Hancock, Carolyn Kenyon and Claire Barber.

The mens' 200 metres saw Howard Tarny finish 3rd in the A race in 24.3 secs, Bob Brown 2nd in the B race in 24.4 secs, Steve Harrop 2nd in the C race in 25.1 secs and Glyn Owens 3rd in the D race in 28.4 secs.

Dave Entwistle ran as a non counter in the D race and finished 2nd in 28.2 secs.

The afternoon was rounded off with a fine display from the mens' 4x100m relay team who finished 2nd.

TALLY

Three of the minor girls squad travelled to take part in the Warrington Open on Monday.

Laura Hancock and Suzanne Taylor continued to add to their tally of personal bests, Laura in the long jump and Suzanne in the 100m and long jump.

Laura also entered the 70m hurdles, missing third place by a whisker.

ALTRINCHAM & SALE GUARDIAN THURS 15/9/88

Jaguars set new records

THE highlights of the day for the younger members of the Altrincham and District Athletic Club competing at Bury in the last meeting of the Cheshire Track and Field League last Sunday, were two new records set by Anna Hyde and Laura Hancock.

10-year-old year old Anna set a new club record in the 800 metres at Crewe last April, only to reduce it by a further 3.3 seconds on the Bury track.

Laura, aged 12, continued her dramatic improvement in the high jump to clear 1m 36 cms, one centimetre higher than the club record for her age group which has stood for 10 years.

Also in the 800 metres, Kelly Wood, Carolyn Kenyon, Richard Williams and Edward Clancy ran personal bests. Overall performances of the other members of the team were good but team manager John Snape would like to see more U15 and U17 athletes participating for the club.

The track season is coming to a close and the athletes are now looking forward to a busy Autumn and Winter with cross country and indoor athletics at the sports-hall meetings.

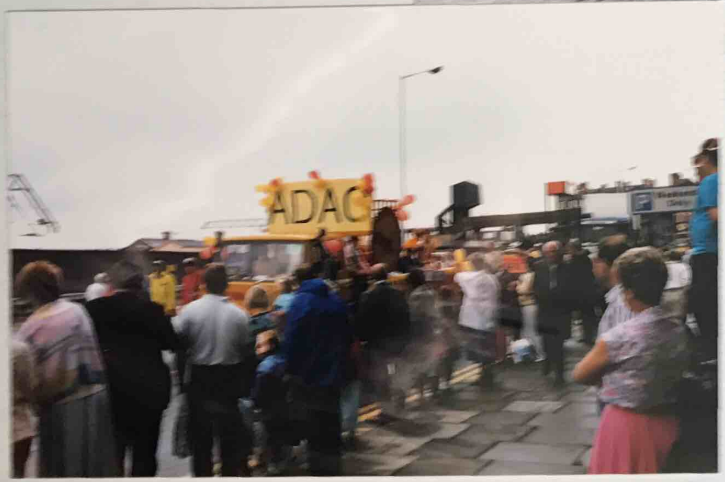




ALTRINCHAM
FESTIVAL
PARADE



JULY 7TH 1988







Sarah Brown



Jenny Bleasby

CHARLES SUMNER
MEMORIAL RELAYS
UNDER 11s



Edward Jordan

GATLEY NOV 27TH 1988



Phil Jordan



James Hogan



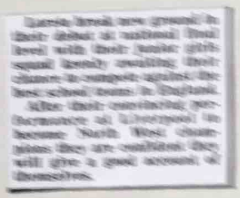
Robert Hyde (5th)



Nuneaton Tabs

NATIONAL SCHOOLS CROSS COUNTRY







Sarah Tutty
Schools Cross Country
John Leigh Park
3/12/88

Springing into action!

THE Springs, Ashton under Lyne, lived up to their name last Saturday when in boggy conditions, two minor girls and five ladies from Altrincham and District Athletics Club ran in the Greater Manchester County Women's AAA Annual Cross Country Championships.

In the U13 minor girls race, 11-year-old Carolyn Kenyon powered her way into the leading pack at the start of the race and managed to maintain seventh place for the first mile and a half.

Her lack of experience at this distance began to tell in the final stages and she finished a very creditable 12th in 13 mins 35 secs, only 44 seconds behind the leader, L. Birch of Bolton Harriers.

Team mate Clare Barber finished 38th in 14 mins 26 secs with 67 runners finishing.

The ladies team, spearheaded by Jayne Spark running her first season as a senior, packed well over the two lap course to finish second team overall.

The race was won easily by Julie Asgill of Stretford in 19 minutes 57 seconds with Olympic ace Di Edwards of Sale Harriers only 12 seconds behind.

Jayne finished fifth in 21 mins, Ann Pugh seventh in 21 mins 24 secs, an off-form Fiona Poland 15th in 22 mins 43 secs, Lynn Moore making a welcome return 27th in 24 mins 58 secs and Jean Dolan 29th in 25 mins 42 secs.

ALTRINCHAM AND SALE GUARDIAN, Thursday, December 15, 1988

Sport 4



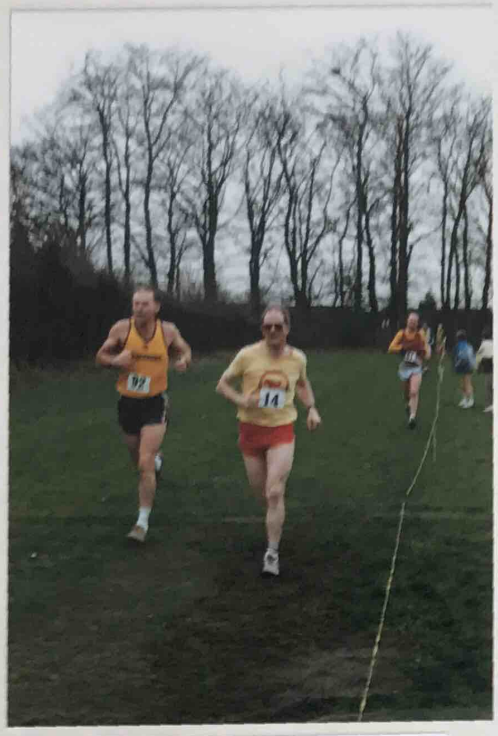


Carolyn Kenyon

Clare Barber.

Greater Manchester Women's AAA Cross Country Championships
Ashton-U-Lyne 10/12/88

CHESHIRE CROSS COUNTRY LEAGUE
CASTLE PARK ARDSHAW 2/1/89



Coach John Snape
Proving he can still do it!



John Fahy



ANNA HYDE takes over from FIONA DEMAINE.





CAROLYN KENYON

GRASSLAND RELAYS
BOGGART HOLE CLOUGH
29/1/89

ALTRINCHAM AND SALE GUARDIAN, Thursday, January 19, 1989

Sport2

Anne leads team home

ON a testing two lap 5000 metre course at the Northern Women's Cross Country Championships at Moss Bank Park, Bolton, last Sunday, Anne Pugh regained her form to lead in the Altrincham team, finishing in 15th place.

Only a few metres behind, Fiona Poland and Pat Mee battled for places in the final straight, finishing 29th and 32nd respectively. Completing the team, which was missing a number of top runners, Gay Freeman came in 180th, giving Altrincham seventh place.

On the earlier minor girls race, in much windier but slightly less muddy conditions, Carolyn Kenyon and Clare Barber flew the flag for the Altrincham Juniors and added considerably to their experience. In a massive field over a 3000 metre course, Carolyn ran steadily to finish 104th with Clare 201st.

ALTRINCHAM AND SALE GUARDIAN, Thursday, January 26, 1989

Sport 4



RUNNING for glory... that's the girls pictured left from Loreto Grammar School in Altrincham. They are the members of the school's junior cross country team who ran away with honours in the Trafford Schools Championship and finished sixth in the Milk National Schools Team event held in Sunderland just weeks ago. Now the girls are preparing to compete in the Greater Manchester finals to be held at South Trafford College – and are just one step away from the English championships. Pictured, back, left to right, are Alex McCleod, Francine Bramwell and Clare Hoban. Front, Carolyn Kenyon, Catherine Russell and Louise Jackson.

CAROLYN KENYON IN LORETO TEAM



□ *LORETO Grammar School's girls cross-country team have dominated the Sale and Altrincham club events and finished sixth in the national schools race*

GREATER MANCHESTER
CROSS COUNTRY CHAMPIONSHIPS
SOUTH TRAFFORD COLLEGE
4 FEB 1989



CAROLYN KENYON
No 30



JAMES GOODALL
No 35



CHESHIRE CROSS COUNTRY LEAGUE
WILLASTON 12 MARCH 1983

U11 TEAM
[illegible]

The Messenger Friday March 17th 1989 Page 57

Medal double

ALTRINCHAM AC seniors claimed two team medals in Cheshire Cross Country League races at the weekend.

The town club sent a strong contingent to the meeting and both men's and women's teams finished in third places.

Top individual in the men's race was Martin Crosby, who just beat old rival Ben Mahon to finish in seventh place ahead of Boys 13th.

The women's team were led into bronze spot by Jane Sparke, who won the race ahead of Altrincham's Nicola Mepsted in ninth.

Local youngsters were also well to the fore in the races, with sisters Claire and Freya Demaine finished in 21st and 41st positions in the under 11 girls race, where Sarah Brown was 49th and Vicky Abbot was just two places behind.

In the under 13's race Carolyn Lomax was 24th, while in the boys under 14 race 47th place was claimed by Andrew Brereton – just ahead of Lee Davies in 51st and Paul Demaine 52nd.

Claire Waterhall led the local charge to finish 41st in the under 15 boys, where Edward Chance was 47th.

Elsewhere, Altrincham's Super Vets ran in the National Veterans Cross Country Championships at Sunderland, where they finished as fourth team – just five points short of claiming third position in the competition they had won for the last two years.

Lead man for Altrincham was Peter Hyde in 106th place in 31.29 minutes.









CHESHIRE CROSS COUNTRY LEAGUE

WALLASEY 12 MARCH 1989

U11s

FIONA DEMAINE CLAIRE DEMAINE

FIONA DEMAINE

VICKY ABBOTT. JENNY BIESTY & VICKY ABBOTT











CHESHIRE CROSS COUNTRY LEAGUE

WALLASEY 12 MARCH 1989

U11s		U13	
CLAIRE	DONALDSON	CAROLYN	KENYON
SARAH	BROWN		
JENNY	BIESTY	CAROLYN	KENYON









CHESHIRE CROSS COUNTRY LEAGUE
WALLASEY 12 MARCH 1969

ANDREW BRENNAN PAUL DEMAINE

DANIEL WATERFALL EDWARD CHANCY





26 EXPRESS ADVERTISER, APRIL 20, 1989 SA

ATHLETICS

Ace Jayne wins the 1500 metres

A STRONG team from Altrincham Athletics Club competed in the season's first Cheshire Track and Field League meeting last Sunday at Ashton-under-Lyne.

International cross country runner Jayne Spark won the women's 1,500m in 4 mins. 42.7. Teammate Nicky Moyser followed in third place with 5 mins. 05.5.

There was a club one-two in the minor girls 800m, with Sarah Tutty crossing the finishing line just four-tenths of a second faster than Carolyn Kenyon.

Twins Claire and Fiona Demaine came second and third in the under-11s 800m, with times of 2 mins. 55.1 and 3.00.3.

Kelly Wood also got off to a good start to the season, finishing fourth in the under-15s 1,500m.

In the 100m sprints there were victories for Fiona Demaine, Angela Brocklehurst and Sarah Tully. Laura Hancock secured third place in her under-15 race, while minor girl Caroline Burt was second.

Clair Barber and Alex Norton came third in their races.

In Laura Hancock's first attempt at the under-15 shot she came third.

Ben Mabon won the 3,000m in 9 mins 03, with Martin Crosby close behind in fourth place with 9 mins. 07.

Daniel Waterfall came third in the under-15 in 4 mins. 55.5, and under-11 Phillip Jordan came second in the 800m with 3 mins. 05.6.

Howard Tarry (12.4s), Mike Gleave (13.0s) and Bob Brown (13.0s) each achieved second places in their 100m races. Peter Hickey won the D race in 13.4s.

In the under-15 Anthony Dwyer came second (27.6s), Sam Mabon third (27.5s), Richard Williams was third in his race (30.2s), and Daniel Waterfall fourth (28.4s).

Phillip Jordan came second in the under-11 100m in 16.7s.

In the boys discus, Daniel Waterfall came second with a throw of 23.88m, and Anthony Dwyer third with 23.40m.

The under-15 sprint relay team rounded off the afternoon with victory. The team consisted of Richard Williams, Anthony Dwyer, Sam Mabon, and Daniel Waterfall.

34 ALTRINCHAM AND SALE GUARDIAN, Thursday, May 4, 1989

Sport3

Altrincham athletes blast back to form

Showstoppers!

AFTER a low key opening to the track and field season in bad conditions two weeks ago in Ashton-under-Lyne, Altrincham Athletic Club youngsters got their act together for Stretford ACs open meeting at Longford Park last Saturday.

Highlight of the afternoon was the U15 boys team performance, with a 1,2,3 in the long jump, Sam Mabon 4.82m, James Goodall 4.11m, Edward Clancy 3.90m the successful trio.

The team also took first and third in the 800m – James Goodall winning in 2mins 13.7secs and Sam Mabon third in 2mins 18.6secs.

Edward Clancy also secured a personal best clipping 16 seconds off his previous best time.

Not to be outdone, the Colts performed well with Paul Demaine equal first in the long jump with 4.01m and second in the 200m and Paul Raftery also performing well.

In the minor girls, Clare Barber and Caroline Burt secured second and third in the long jump and U15 girl Laura Hancock came second in the shot with 7m 47cms and third in the 200m.

Kelly Wood continued to show improvement in her 1500m time and Cathy Halliwell impressed with her all round ability.

In the mens 100m, J White, P Hickey and B Chapman showed improvement on recent and Barry Chapman secured a new Vets long jump record for the club.

SA EXPRESS ADVERTISER, MAY 4, 1989 19

Boys' highlight

AFTER a low-key start to the season, Altrincham AC youngsters got their act together at Stretford AC's open meeting at Longford Park last Saturday.

Highlight of the afternoon was the U15 boys' team performance, with a 1-2-3 in the long jump (Sam Mabon 4.82m, James Goodall, 4.11m and Edward Clancy 3.90m), and a 1st and 3rd in the 800m. James Goodall won in 2m13.7 and Sam Mabon third in 2m18.6s.

Edward Clancy also clipped 16 seconds off his personal best.

But not to be outdone, the Colts performed well with Paul Demaine joint first in the long jump with 4.01m and second in the 200m.

Minor girls, Clare Barber and Caroline Burt were second and third in the long jump and U15 girl Laura Hancock second in the shot with 7.47m, and third in the 200m.

In the men's 100m J. White, P. Hickey and B. Chapman showed an improvement over their form in previous weeks and Chapman managed a new vets long jump record for the club.

Page 76 - The Messenger Friday May 5th 1989

AFTER a low key start to the season, Altrincham AC youngsters silenced critics on Saturday at Stretford AC's open meeting at Longford Park. For, in the under 15 boys long jump contest, town lads leapt into the top three spots and the 800 metres squad almost matched the performance by taking gold and bronze positions.

MILES OF MILES 7 MAY 1989



A PACK of stars vie for position in the General Portfolio 'Miles of Miles' men's elite race at Wythenshawe Park. Aaron Reader from South London Harriers leads the way, but Steve Crabb and local boy Kevin McKay are ready to pounce and race to the first ever sub-four minute mile on the track. Picture by Simon Ballis





UNDER 11 MILE RACES

PICKY ABBOTT (10.22) PHILIP JORDAN
FIONA JOHANE (DISQUAD)
CLAIRE JOHANE (10.9)

SOME of Britain's top athletes, including Olympic medallist Peter Elliott, graced Sale Harriers' Wythenshawe Park track on Sunday in probably the biggest athletics meeting in Manchester this decade.

And Steve Crabb's 3m 57s victory in the elite men's mile marked the first ever sub-four minute mile in the city of Manchester.

by Joseph Evans

Close on his heels was Sale star Kevin McKay, who slashed his personal best by more than three seconds to break the four minute barrier and finish a stunning second.

The World Junior 800 metres silver medallist showed the depth of his ability by finishing ahead of such international running giants as Adrian Passey and Dave Moorcroft.

He was third from the back halfway through the race, but a blistering final two laps secured him a comfortable second place ahead of club colleague Daryl Taylor.

A delighted McKay told SAM: "This shows youngsters it is possible to reach the elite class from local athletics. They don't need lucky breaks, they just have to train."

But a bitter blow to Sale's Anne Williams threatened to turn sour what had been a glorious day for Trafford athletics.

With Olympic star Dianne Edwards forced to retire from the race with a groin strain, local hopes were resting on the English track international.

But as Anne tired visibly in the home straight, with Allison Wyeth storming to victory, Karen Hutcheson pulled ahead for second place and the Sale girl seemed to squeeze into third position with a rival desperately close behind.

At the end of the day, however, when Anne went to receive her prize, the judges gave her the dramatic and belated news that she had been pipped at the post — leaving the distraught runner in tears.

Even though injury prevented Peter Elliott from running in the race, the popular Yorkshireman was on hand to meet the hordes of local youngsters running in the junior races.

Young athletes from Sale Harriers and Altrincham AC figured prominently in the medals.

Sale's Sarah O'Brien came first in the junior girls and Elton Davis finished comfortable winner in the youths race, while for Altrincham James Goodall came home a worthy second in the junior boys.

Sale Harriers press officer Peter Hayes thought the importance of the day was that 'people can see their own local heroes running against top class athletes in their own backyard.'

For Harriers Chairman and former police-chief John Stalker the day's event had an Olympic significance: " It demonstrates the inherent interest in athletics from ordinary people in this region, and shows it is tailor-made for the Olympics."

• MORE news and pictures of Wythenshawe Park's Miles of Miles day are on pages 14 and 15.



MINOR GIRLS

CAROLYN KENYON

SARAH TUTTY ANNA HYDE











MILES OF MILES

COLT
EDUARD JORDAN

U15 GIRL
KELLY WOOD

BOYS

DANIEL WATERFALL (U17)

JAMES GODALL

SAM MABON









MIKE VICTORS

CAROLYN KENYON 3RD MINOR GIRLS

JAMES GODDALL 2ND BOYS







CHESHIRE TRACK & FIELD 28/5/89
TIMPERLEY
90 METRES VICKY ABBOTT
FIONA DEMANE

ANGELA BROCKLEHURST
CLAIRE DONALDSON.



800 METRES

CLAIRE DEMANE'S RECORD BREAKING RUN CLOSELY FOLLOWED BY VICKY ABBOTT ALSO BREAKING THE OLD RECORD.



ST. HUGH'S EARN TOP TROPHIES

ST HUGH'S Junior School, Timperley, proved themselves to be the tops in the Manchester and District Catholic Junior Schools championships with a clean sweep of the team trophies

Their boys team was given a good run for its money by St. cuthberts before winning the team trophy by three points but the St. Hugh . girls were 26 points clear of their nearest rivals St. Edmund's which made the award of the Aggregate Trophy a formality.

The medal winners for the Saints were:- Girls gold Sarah Tutty 100m, Anna Hyde 200m, Catherine Fahy high jump with silver medals for Alex Norton 90m hurdles, Jennifer Biesby long jump and Claire Demaine 600m.

boys medal winners were Gold — Daniel Hurst 200m, Matthew Leigh 800m, James Igoe 1500m, Chris Martin high jump and Chris Naythorn triple jump with silver for Paul Quinn 400m and bronze for Edward Jordan 100m.

Express SPORT

JULY 6, 1989



Winners from St. Hugh's Junior School, Timperley, of the Manchester and District Catholic Junior Schools athletics championships. Left to right (back): Anna Hyde, Sarah Tutty. Front: Matthew Leigh, Chris Martin.

ANNA HYDE & SARAH TUTTY PERFORM WELL FOR THEIR SCHOOL.



STAN HAILES HANDICAP

24/25 JUNE 1989

ALTRINCHAM AND SALE GUARDIAN, Thursday, July 6, 1989

Sport3

Altrincham girls on top

DURING a non-stop nine days, Altrincham and District Athletic Club girls have produced a series of superb shows.

Over the last weekend in June, two minor girls and three U15 girls competed against six other club members in the Stan Hailes Handicap, a club run octathlon.

U15 ace Cathy Hallwell bettered her handicap in almost every event and romped home the clear winner, ahead of minor girl Carolyn Kenyon.

At the Cheshire Relays at Crewe last Tuesday, a minor girls 3x800m relay team, comprising Sarah Tutty, Clare Barber and Carolyn Kenyon, claimed a superb second place.

And at the inaugural meeting of the North West Women's Young Athletes League at Bury last Sunday, the girls produced several flashes of brilliance.

In the minor girls' 800m, Carolyn Kenyon recorded an excellent 2mins 33.0secs to claim second place in the A race, with Clare Barber second in the B race with 2mins 44.7secs. Both were personal bests.

U15 ace Laura Hancock took time off from the track to produce her best high jump of 1m 40cms, to finish second and also came second in the shot.

A much improved Cathy Halliwell was second in the U15 long jump with 4m 28cms and continued her 800m improvement, shattering her previous best by eight seconds.



Page 78 - The Messenger Friday July 7th 1989

Girls achieve personal bests

DURING a busy nine days, Altrincham AC girls have produced some very fine performances.

Last weekend, two minor girls and three U15 girls competed against six other club members in the Stan Hailes Handicaps, an octathlon open to all members of the club.

Cathy Halliwell (U15) proved herself better than her handicap in almost every event and romped home the clear winner, ahead of minor girl Carolyn Kenyon who improved from sixth position last year to second.

At the Cheshire Relays at Crewe on Tuesday, a minor girls 3x500m relay team comprising Sarah Tutty, Clare Barber and Carolyn Kenyon secured a superb second place sandwiched between the Warrington A team and Wirral.

Finally, at the inaugural meeting of the North West Women's Young Athletes League in Bury on Sunday, the girls produced some flashes of real brilliance.

In the minor girls 800m, Carolyn Kenyon continued to improve with an excellent 2m33 to finish second place in the A race, and Clare Barber was second in the B race with 2m44.7s, both personal bests.

In the long jump, Carolyn also produced her best with a 4m18 jump to earn her second place.

Laura Hancock (U15) took time off from the track to produce her best jump of 1m40, which won her number two spot in the high-jump. She was second also in the shot put with a throw of 7m55.

A much improved Cathy Halliwell took second place in the U15 long-jump with 4m28 and continued her attack on her 800m time, improving her previous best by over eight seconds.







CHESHIRE RELAYS AT CREWE
27 JUNE 1989

3 x 800 m SARAH TUTTY
CLAIRE BARBER
CAROLYN KENYON



EXPRESS ADVERTISER
JULY 6, 1989

● An action packed week saw the club's young women equal to their task.

At the first ever meeting of the North West Women's Young Athletics League at Bury on Sunday, Carolyn Kenyon took a superb second place in the A race of the Minor's 800M.

Claire Barber followed suit with a personal best of 2.44.7 seconds, to finished second in the B race.

Carolyn was second again, this time in the long jump with another personal best of 4.18 metres.

The second placings continued with under 15, Laura Hancock's runner up position in both the shot and the high jump.

And it was the same story in the Cheshire Relays last Tuesday, at Crewe, when Altrincham's young 3 x 800M team of Sarah Tutty, Clare Barber and Carolyn Kenyon took second.

CHESHIRE RELAYS CREWE 27 JUNE 1989

3 x 800m SILVER MEDALISTS

CAROLYN KENYON
CLAIRE BARBER
SARAH TUTTY.











EXPRESS ADVERTISER, JULY 13, 1989

Festival milers

The one-mile championships, staged at Timperley Athletic Club last Thursday, was organised by Altrincham and District Athletic Club.

Martin Crosby won the men's race.

First of the ladies home was Anne Pugh while the boys winner was Daniel Waterfall.

Carolyn Kenyon won the minor girls mile and Eric Goulden was the winner of the veterans.

The event was held as part of Altrincham festival week.



Eric Goulden



Carolyn Kenyon



Daniel Waterfall



Anne Pugh



Martin Crosby

ALTRINCHAM AND SALE GUARDIAN, Thursday, July 27, 1989

The Messenger

Bronze for relay boys

...and girls share the spoils

ALTRINCHAM AC's boys team came home from the Cheshire Relay championships in Hartford – coming home with the 4x800 metre bronze medals won by Sam Mabon, Richard Williams, David Waterfall and James Gordall.

And at the third round meeting of the Cheshire Track and Field League on Sunday, Mabon and Waterfall were joined by James Sidebotham and Anthony Dwyer to romp home in the 4x100 relay – clear winners in 52.1 seconds.

Other achievements at Bury included fine runs by the boys in the 1500 metres, with Waterfall second in the 'A' race and Edward Clancy, Mabon and Williams winning the 'B', 'C' and 'D' races.

The girls also showed their middle distance prowess with Cathy Halliwell fourth in the 1500m 'A' race, Kelly Wood second in the 'B' and Caroline Jenkins first in the 'C'.

The minor girls – Sarah Tutty, Alison Bown, Carolyn Kenyon and Anna Hyde – clipped 10 seconds off the club 4x200m relay record.

—Relay star's— bronze reward

ALTRINCHAM and District Athletic Club boys team returned from last Tuesday's Cheshire Relay Championships with the 4 x 800m bronze medals, won by Sam Mebon, Richard Williams, Daniel Waterfall and James Goodall.

At the third round meeting of the Cheshire track and field league on Sunday, Mebon and Waterfall were joined by James Sidebotham and Anthony Dwyer and romped home in the 4 x 100m relay — clear winners in 52.1 seconds.

Other notable achievements at Bury included fine runs by the boys in the 1500m, with Waterfall second in the A race and Edward Clancy, Sam Mabon and Richard Williams winning the B, C and D races.

The girls also showed their middle distance prowess, with Cathy Halliwell, fourth in the 1500 metre A race, Kelly Wood, second in the B and Caroline Jenkins winning the C race.

In the lower age groups, pride of place went to the minor girls 4 x 200m relay squad of Sarah Tutty, Alison Brown, Caroline Kenyon and Anna Hyde who shattered the existing club record by a stunning 10 seconds.

Such was the achievement, their performance was quicker than that posted by the senior ladies squad and bettered a record which had stood since 1983.

Kenyon won her minor girls 100m and came second in the 800 metre A race, while in the ranks of the senior ladies, Jayne Spark won the 1500m. A race in 4 mins 37 secs, Nicola Myer won the B race, Ann Nally was second in the C race and Jean Jones third in the D race.

The Guardian's best for sport

EXPRESS ADVERTISER, JULY 27, 1989 SA

Team work pays for Alty boys

Altrincham and District Athletics Boys team put on a fine display of teamwork last week at both the Cheshire Relay Championship at Hartford, and the Cheshire Track and Field League at Bury.

At Hartford, 4 X 800 M bronze's went to Sam Mabon, Richard Williams, Daniel Waterfall and James Goodall.

Sam and Daniel were joined on Sunday at Bury, by James Sidebottom and Anthony Dwyer, who were in the 4 x 100 m relay team that romped to victory with 52.1 secs.

Other results were: Daniel Waterfall, first in the boys 1500m at Bury. Cathy Halliwell, fourth in the girls 1500m A Race.

Kelly Wood followed up with a second in the 'B' race, and Caroline Jenkins took the C.

Carolyn Kenyon was again on song with a win in the 100m Minor Girls race as well as the 800m.

Jayne Spark took victory in the Senior ladies 1500 'A' race clocking a time of 4m 37s.

FOUR young girls from Altrincham and District Athletic Club smashed the club record for the 4 x 200m relay by 10 seconds on Sunday at Bury.

The four, Sarah Tutty, Alison Bown, Carolyn Kenyon and Anna Hyde were all competing in the minors section.

The Messenger Friday August 4th 1989

Youth forges ahead on the track

YOUNGSTER Siobhan Eccles rose to the challenge to boost Altrincham and District AC in the North West Young Athletes League at Bury on Sunday.

Siobhan, with just one Cheshire Track and Field league match under her belt, was drafted into the team at the last minute and produced fine runs to a third place in the 150m 'B' race gaining third to help team mates Sarah Tutty, Alex Norton and Carolyn Kenyon to third in the 4x100 m relay.

Carolyn Kenyon, meanwhile, was as consistent as ever despite the blustery conditions, claiming second places in the long jump and 800 m 'A' race.

The girls under 15 team was weakened by the withdrawal of Cathy Halliwell from the track events.

But in the high jump, delayed by a torrential downpour, she produced some fine jumping to earn a creditable second place.

Without a regular javelin thrower, Laura Hancock filled the void and in her first javelin competition she gained third place.

Caroline Burt, making her first appearance in the team, took a fine second place in the discus and fourth in the shot.

NORTH WEST
WOMENS YOUNG
ATHLETES LEAGUE

BURY 30/7/89

MINOR GIRLS

ALEX NORTON
SARAH TUTTY
CAROLYN KENYON
SIOBHAN ECCLES



GIRLS RELAY
TEAM

KELLY WOOD
CARRIE JENKINS
LAURA HANCOCK
CATHY HALLIWELL



















CAROLINE BURT

ALTRINCHAM AND SALE GUARDIAN, Thursday, August 10, 1989

Sport3

Altrincham's superstar Carolyn does it again

ALTRINCHAM Athletic Club's Minor Girl superstar Carolyn Kenyon continued her fine run of 800m performances on Sunday at the Stretford Open Meeting, easily winning in 2 mins 36.6 secs — her second best time this year.

Not content with one victory she later took first place in the Minor Girls' long jump.

Also continuing her 800m successes, Cathy Halliwell worked well to finish third in the U15's girls' race, only a few metres behind the winner, Stretford's A. J. McCleod.



CARRIE JENKINS



CAROLYN KENYON

EXPRESS ADVERTISER, AUGUST 10, 1989

The new junior force

ALTRINCHAM and District Athletic Club's youngsters will be a force to be reckoned with in a year or so. That's the view of junior athletics coach, John Snape.

He told the Express: Coaching these youngsters and being rewarded with results like those achieved at the weekend, makes it all worthwhile. Fourteen of the Altrincham youngsters travelled to Stretford for the GM Buses open meeting. Star of the afternoon was Carolyn Kenyon who led from the front in the minor girls 800m to win in 2m 36.6 her second fastest time this year for the club." She later won the minor girls long jump."

Cathy Halliwell also put on a fine show, gaining third in the Under 15s girls 800 and Edward Jordan won his colts 100m race in fine style. Personal bests were achieved by several of the Altrincham youngsters including Kevin Belben in the colts long jump, Caroline Jenkins in the girls 1500m, Caroline Burt in the girls discus and Shot Put, Laura Hancock in the girls javelin and Lee Denham in the youths high jump."



EDWARD CLANCY



CATHY HALLIWELL



SAM MASON



EDWARD CLANCY

EXPRESS ADVERTISER, AUGUST 24, 1989

Express Sport

Young Athletes Strike Gold

ALTRINGHAM AND DISTRICT Athletics club youngsters Edward Clancy and Carrie Jenkins took the honours at the weekend, with a hatful of medals and personal bests.

Edward came back from Warrington's Fenney Brennen Trophy meeting with gold and silver in the mile and 200 M.

Carrie, 14, took a personal best in The long jump.

FENNEY BRENNAN TROPHY MEETING AT WARRINGTON. 19 AUGUST 1989.



CARRIE JENKINS



CATHY HALLIWELL.



CATHY, EDWARD & CARRIE



EDWARD CLANCY

ALTRINCHAM AND SALE GUARDIAN, Thursday, August 24, 1989

Sport 4

Altrincham and District athletes make a splash . . .

CAROLINE Burt, aged 12 from Altrincham & District Athletic Club, first threw the discus in competition on July 30 when she took second place in the Girls' competition in the North West Women's Young Athletes league, throwing 17m 20cm.

And on Sunday at Stretford, Caroline made a massive improvement by winning the girls' event with a 21m 30cm throw.

Other achievements included Kevin Belben, winning the colts long jump; Cathy Halliwell, 2nd in the girls' high jump with a personal best of 1m 45cm;

Laura Hancock, 2nd in the girls' shot putt with 7m 22cm; Sam Malson, 1st in the boys' 800m; and newcomer Steve Waite, 2nd in the youths high jump.



LAURA HANCOCK



KEVIN BELBEN



CARRIE JENKINS



CATHY HALLIWELL

STRETFORD OPEN.

20 AUG 1989

ALTRINCHAM AND SALE GUARDIAN, Thursday August 6th, 1998

Sport3

TOP DOGS!

IN possibly the largest meeting of its kind in the North for U11 and U13s, Altrincham and District athletes were again on the winning trail at Warrington on Saturday.

Against a tough field drawn from as far and wide as Wales, Caroline Burt took the gold in the U13s girls throw with a throw of 18m 20cm.

Not content with that, Caroline also took the bronze in the shot putt with 7m 19cm.

Victoria Kenyon had a considerable afternoon.

After completing her opening leap in the long jump, she sprinted over to the other side of the track for the 80m final where she came a magnificent second in 12secs 90 secs.

Victoria then ran back to the long jump pit and despite the efforts of 34 other competitors, she took the gold with a personal best leap of 4m 37cm.

Laura Brown who did well in the long jump with an effort of 3m 24cm.

Martin Abbott took honours in the boys U13 high jump, clearing 1m 25cm and repeated the feat in the discus, throwing 15m 19cm.

EXPRESS ADVERTISER, AUGUST 25, 1988

JUNIORS HIT THE WINNING TRAIL

IN possibly the largest District A.C. Juniors meeting of its kind in the North, athletes were again on the winning trail at Warrington on Saturday.

Against a tough field drawn from as far and wide as Wales, Altrincham and District athletes were again on the winning trail at Warrington on Saturday.

Against a tough field drawn from as far and wide as Wales, Caroline Burt took the gold in the U13s girls throw with a throw of 18m 20cm.

Not content with that, Caroline also took the bronze in the shot putt with 7m 19cm.

Victoria Kenyon had a considerable afternoon.

After completing her opening leap in the long jump, she sprinted over to the other side of the track for the 80m final where she came a magnificent second in 12secs 90 secs.

Victoria then ran back to the long jump pit and despite the efforts of 34 other competitors, she took the gold with a personal best leap of 4m 37cm.

Laura Brown who did well in the long jump with an effort of 3m 24cm.

Martin Abbott took honours in the boys U13 high jump, clearing 1m 25cm and repeated the feat in the discus, throwing 15m 19cm.

Boys under 13 years, Martin Abbott 1st, jumping in the high jump with 1m 15, and placed 2nd in the discus with a throw of 15m 19.

Boys under 11 years, Philip Jordan 1st, the 800m in 2 mins 37.2 and in the 150m 29.7 secs.

● Young Altrincham athlete, Caroline Burt recently threw a stunning 21.90m in the discus at Stretford. It was 1.90m over the Women's AAA junior girls standard.



N.W. WOMENS YOUNG ATHLETES LEAGUE

THIRD ROUND

SEPT 3 1989.

CAROLYN KENYON

CAROLYN KENYON — LAURA HANCOCK

SIOBHAN ECCLES — ALEX NORTON.

The Messenger Friday September 8th 1989

Caroline back on winning trail

ALTRINCHAM AC's minor girl star Carolyn Kenyon is back on the winning trial.

And on Sunday she took first place in the long jump at a North West Women's Young Athletes League meeting at Bury.

Carolyn's opening jump measured 4m 27cm – equalling her personal best and claiming first place – and she followed on by finishing second in the 800 metres.

Then, together with team mates Siobhan Eccles, Alex Norton and Clare Barber she made up a 4 x 100m relay team for a club record breaking run – shaving two tenths of a second off the six year old record.

The U15 Altrincham girls also got their act togather in their 4x100m relay, producing their best time of the season.









EXPRESS ADVERTISER, SEPTEMBER 14, 1989

Records captured

YOUNG athletics stars from Altrincham and District Athletics Club produced two club relay records and two personal bests in the final track meeting of the season at Belle Vue on Sunday.

They were competing in the Cheshire Track and Field meeting and the team of Siobhan Eccles, Alison Brown, Clare Barber and Carolyn Kenyon reduced the club time for the minor girls 4 x 100 metres relay by a second.

In the boys 4 x 200 metres relay, their previous best fell by 1.5 seconds.

Young Carolyn Kenyon's second in the 200 metres produced a personal best, as did U-15 girl Cathy Halliwell in the long jump.

The Messenger Friday September 15th 1989

Record end to season

ALTRINCHAM & District young athletes rounded off a busy track and field season with two club relay records at the final Cheshire Track & Field meeting at Belle Vue this week.

Only one week after setting a new 4x100 metre club record, the minor girls team of Siobhan Eccles, Alison Bown, Clare Barber and Carolyn Kenyon reduced it by a further second.

And not to be outdone , the U15 Boys – Richard Williams, Daniel Waterfall, Sam Mabon and Steve Grove – reduced their 4x200 metre record set in May by 1.5 seconds.

In windy conditions, the top solo athlete was Carolyn Kenyons, who won the 800 metres and came second in the 200 metres.

ALTRINCHAM AND SALE GUARDIAN, Thursday, September 21, 1989

Honours

AT the Cheshire Combined Events Championships, held at Warrington over the weekend, Altrincham athletes gained honours in the individual events.

Edward Clancy won the Boys Mile in a personal best time of 5 mins 18.7 secs, while Nicola Moyser won the Ladies Mile. The Veteran Men's Mile was won by Alan Barlow. Fellow Vet, Don Callendar, won the 800m and was second in the 200m and 400m.

Cathy Halliwell and Laura Hancock had a fine tussle in the Girls' Pentathlon with Cathy leading Laura in the first event, only to be overhauled in the second. Cathy left it until the last event, the 800m, to produce the second fastest time in the competition and finish with 1973 points, 66 points ahead of Laura.



CHESHIRE COMBINED EVENTS CHAMPIONSHIPS 16/9/89

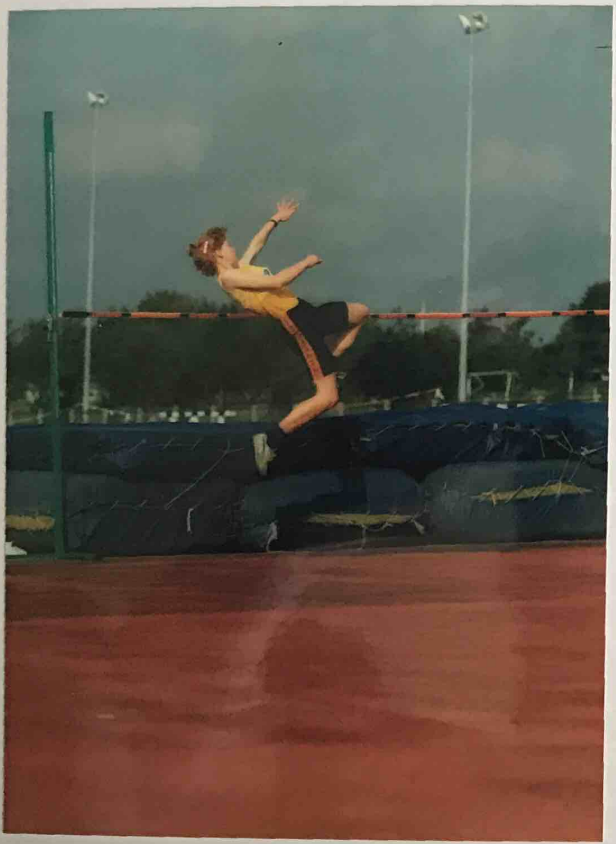
LAURA HANCOCK & CATHY HALLIWELL





CHESHIRE COMBINED EVENTS
CHAMPIONSHIPS
16/9/89

LAURA HANCOCK & CATHY HALLIWELL



26 EXPRESS ADVERTISER, SEPTEMBER 21, 1989

Loners get Alt glory

INDIVIDUAL success met Altrincham and District Atheletics runners at the weekend, when they took part in the Cheshire Combined Event competition.

In the mile, young Edward Clancy took gold, followed by Nicola Moyser in the ladies race, and Alan Barlow in the mile.

Don Callendar followed suit by taking top slot in the vets 800M, and two seconds in the 200 and 400 metres.

In the Girls Pentathlon, Cathy Halliwell and Laura Hancock managed a creditable 9th and 11th respectively in only their debut appearances.









CHESHIRE COMBINED EVENTS CHAMPIONSHIPS

WARRINGTON 16 SEPT 1989

LAURA HANCOCK & CATHY HALLIWELL 800M.







CHESHIRE
COMBINED EVENTS

WARRINGTON
16 SEPT 89

SAM WILLIAMS
MILE
GOLD MEDAL
WINNER
EDWARD CLANCY



IT'S A KNOCKOUT
ALTRINCHAM SPORTS CENTRE
14/10/89



HEY MUM!
I HOPE YOU'VE GOT
YOUR EYES ON DAD

NICE ONE BERNARD !!



CAROLYN KENYON

Altrincham & District Athletic Club

178

PRESENTATION EVENING

HOE DOWN • HOT POT SUPPER • BAR

at All Saints Church Hall, Hale Barns

on Friday, December 8th, 1989

Tickets £5.00 **8 till late**

EXPRESS ADVERTISER, DECEMBER 14, 1989

Trophy night

AT THEIR annual presentation evening, Altrincham and District Athletic Club honoured its young athletes with a host of trophies.

Pictured is Carolyn Kenyon proudly displaying the girls field trophy she won competing against girls up to two years older than herself. She also won the Harman Mile Trophy and the Minor Girls Athlete of the Year Trophy.

Other winners were Laura Hancock, u15 Girls Athlete of the Year; Edward Jordan, Colts Athlete of the Year; Sam Mabon, u15 Boys Athlete of the Year; Cathy Halliwell, Stan Hailes Handicap Trophy and Daniel Waterfall, Boys Mile Trophy.





EDWARD JORDAN



CAROLYN KENYON



CAROLYN KENYON CATHY BAKER SARAH TUTTY

Opening glory

ALTRINCHAM and District U11 girls made their presence felt in their first North West Sportshall Athletic League match of the season at Broomfields Sports Centre, Stockton Heath, on Sunday.

Anna Hyde won the two lap A race and the four lap A race, and standing long jump.

Sarah Tutty won the two lap B race and the four lap B race. Together with team mates Jenny Biesty and Angela Brocklehurst, they won the relay to give Altrincham the match.

The U11 boys came fourth, as did the U13 girls. Laura Hancock won the shot.

Anthony Dwyer won the U13 shot put and the U15 boys came third.

Altrincham and District youngsters turn on the style

Merseyside marvels!

A PARTY of 22 young athletes from Altrincham and District Athletic Club travelled to Netherley, Liverpool, on Sunday for their second round meeting in the North West Sportshall Athletics league.

Prior to the start of the meeting, junior athletics coach John Snape told the teams that this would probably be their most difficult meeting in the series with both Wirral and Liverpool to contend with as well as Newcastle under Lyne and Deeside.

Despite fierce competition, the youngsters gave their all and produced some excellent results.

In the U11 girls competition Anna Hyde and Sarah Tutty once again showed their class with Anna winning the two lap A race, the four lap A race and the standing vertical jump with an incredible 53cm, and Sarah winning the four lap B race.

Together with team mates Jenny Biesty and Angela Brocklehurst, they gained second place to Wirral in the relay, finishing the competition in second place, only three points behind Wirral.

The U11 boys, although producing no startling results improved on their performance last month finishing a creditable third as did the U13 girls helped by Laura Hancock winning the A shot put with a personal best 8m 8cm and Cathy Hallwell winning the B shot put also with a personal best.

Although unable to field a full U13 boys team, the star performer of the afternoon was undoubtedly Anthony Dwyer who improved by 56cm to win the U13 shot put with a massive throw of 9m 91cm.

No doubt Anthony will be putting in some practice with the club's newly acquired indoor shot before the next league meeting in January.

In the U15 boys competition Richard Williams ran his six lap race from the front to win convincingly helping his team mates to an excellent score of 60 points for a closely fought fourth place.

16 EXPRESS ADVERTISER, JANUARY 12, 1989 SA

ALTRINCHAM & SALE GUARDIAN

THURSDAY JAN 12TH 1989

Dwyer's shot putt delight

IN the Cheshire Indoor Athletics Championships, Anthony Dwyer kept the flag flying for Altrincham and District Athletic Club by storming to first place in the U13 boys' shot putt.

Anthony's winning throw of 9m 58cm placed him 10th in the overall UK rankings – ample reward for the hrad work put in by coaches John Snape and Rick Shelley.

Elsewhere, Laura Hancock clinched third place in the high jump with a leap of 1m 35cm and repeated the feat in the shot putt with a throw of 8m 04cms.

Anthony joins the Top Ten

ALTRINCHAM Athletics Club member Anthony Dwyer entered the UK top ten shot put ranking after a throw of 9.58 metres at the Cheshire Indoor Championships.

His throw won the Under 13s title at Frodsham.

Laura Hancock was third in the Under 13s high jump with 1.35 metres, and third in the shot with 8.04m.

Young pair show class

TWO of Altrincham Athletic Club's up-and coming youngsters showed their class at the Cheshire indoor championships at Frodsham this week.

Anthony Dwyer won the under 13 boys shot putt a throw of 9.58 metres to gain 10th place in the UK all-comers rankings and multi-talented Laura Hancock was third in both the under 13 girls high jump and shot putt.

The Messenger Friday February 10th 1989

Putting on the style!

HE may not look like a muscle clad heavy, but there's power flowing through Altrincham AC shot putter Anthony Dwyer.

The 13-year-old local stood in tenth position in the UK colts rankings in December, but a mighty throw of 10m 21 at a recent meet in Macclesfield added over a metre to his previous best and puts him among the top six in the country.

AT the third round meeting of the Northwest Sportshall Athletics League held at Macclesfield last Sunday, Altrincham and District Athletic Club colt Anthony Dwyer, spurred on by his team mates, threw a tremendous 10 metres 21 centimetres to win the U13 shot put competition.

In a very successful competition for Altrincham, Anna Hyde and Sarah Tutty spearheaded the U11 girls into second place only two points behind Crewe and Nantwich.

ALTRINCHAM AND SALE GUARDIAN, Thursday, February 23, 1989
Sport3

Honours for Anna

AT the fourth round meeting of the North West Sportshall Athletics League held on Sunday, Altrincham Athletic Club girls won their match, consolidating their position near the top of the league.

Individual honours went to Anna Hyde, winning her four-lap race with the sudden burst of speed on the last lap which is now her trade mark, and to two superb relay teams showing a clean pair of heels to all opposition.

The under 13 girls came a close second to Southport and displayed some fine performances, with Cathy Haliwell showing her improved form winning the six lap race.

Both Laura Hancock and Cathy won their shot putt competitions, and Laura bagged the standing long jump honours.

The boy's events competition was fierce but Anthony Dwyer continued his run of success in the shot putt.

The Messenger Friday March 10th 1989- Page 69

Girls earn place in trophy final

ALTRINCHAM AC's Under 11 girls scored yet another magnificent victory in the fifth round of the North West Sportshall Athletics League at St Helens on Sunday –sharing first place with league leaders Wirral.

Showing strength in depth despite the absence of three girls who ran in Lincoln the day before, all 10 team members girls gave their all as Anna Hyde led the scoring with victory in the four lap 'A' race and Sarah Tutty won the four lap 'B' race.

Following the success, the team has now qualified for the finals to be held at Leasowe on the Wirral next weekend – and there is tough competition for the 12 places which will be finalised at a special training.

In the under 11 boys competition, Edward Jordan showed his versatility and form to win the two lap and four lap 'A' races and the triple jump – and those three youngsters travel to Derby next Sunday with the Cheshire team for the U11 Sportshall championships.

ATHLETICS

The U13 girls team continued to do well also, gaining second place to Wirral with individual victories in the shot putt for Laura Hancock and Cathy Halliwell and in the standing long jump for Laura.

Also second to Wirral were the U15 boys.

ALTRINCHAM AND SALE GUARDIAN, Thursday, March 9,
Sport 4

District smiles

AT the fifth round match of the North West Sportshall Athletic League held at Sutton, St Helens on Sunday, Altrincham and District Athletic Club U11 girls scored another magnificent victory.

Sharing first place with league leaders Wirral, the squad showed considerable strength in depth.

Anna Hyde led the scoring with her victory in the four lap A race while Sarah Tutty stormed to victory in the B race.

In the U11 boys competiton, Edward Jordan showed his versatility, winning the two lap and four lap A races and the triple jump. Anna, Sarah and Edward all travel to Derby next Sunday with the Cheshire team for the U11 Sportshall Championships.

The U13 girls team continue to excel, gaining second place to Wirral with individual victories in the shot putt for Laura Hancock and Cathy Halliwell and victory in the standing long jump for Laura.

Following their success in the league, the U11 girls have qualified for the North West Sportshall Finals.

The Messenger Friday February 24th 1989

Strong show

ALTRINCHAM AC girls showed their strength yet again at the North West Sports Hall Athletics League meting last Sunday –winning their match to confirm a place near the top of the league.

Individual honours went to Anna Hyde, winning her four lap race, and to two superb relay teams which showed a clean pair of heels to all the opposition.

The under 13 girls came a close second to Southport and displayed some fine performances, with Cathy Haliwell showing her improved form to win the six lap race and Laura Hancock and Cathy winning shot putt competitions.

In the boys events, colt Anthony Dwyer also continued his run of successes in the shot putt.



U11 GIRLS AT LEASOWE 19/3/89

№ 85 Anna Hyde
83 Sarah Tutty
31 Angela Brocklehurst
90 Lydia Cornett
81 Vicky Abbott
87 Alex Norton
86 Fiona Donavie
89 Alison Bowen
82 Sarah Green
32 Claire Donaldson
88 Claire Donavie
84 Jenny Beesley

Anna hits new heights in final

TWELVE Altrincham AC under 11 girls travelled to Leasowe on the Wirral last Sunday for the North West Sportshall finals and returned with a fine crop of medals.

Finishing a brilliant third place in their first final behind arch rivals, Wirral, Crewe and Nantwich, gold medals were won by Anna Hyde in the vertical jump, Sarah Tutty and Claire Deraine in the eight lap Parlanf and by Lydia Connett in what turned out to be the most spectacular event of the afternoon, the kneeling throw.

After a poor first throw, Lydia set the arena alight with her second throw of just over 12 metres.

Her third throw of 12-and-a-half metres almost lifted the roof and had the commentator in raptures, and put the boys to shame.

In the four lap time trials, the first heat was blisteringly fast, so much so that the first three finishers in that heat won all three medals, giving Anna Hyde the bronze to add to her gold.

The North West regional sports hall final for under 13s and under 15s is to be held on April 9, at Altrincham.

With the under 11 competition being brought to a very satisfactory conclusion at Leasowe, attention is now being focussed on the North West Regional final to be held at Altrincham Leisure Centre on Sunday, April 9.

Four Altrincham AC athletics have been called up to join the Cheshire squad. Laura Hancock, chosen to captain the under 13 girls team was ranked second in the North West Indoor League in the shot put was ranked eighth in the shot put.

Joining them in the team is middle distance runner Carolyn Kenyon. Anthony Dwyer ranked second in the shot put, has been chosen to join the under 13 boys team.





Laura's delight

ALTRINCHAM Athletic Club's Laura Hancock – skipper of the U13 Cheshire squad – led her side to victory in last Sunday's North West Regional Sports hall final at Altrincham Leisure Centre

Adding to the glory, Laura won an individual silver medal in the shot put, throwing 8m 73cm and was also a member of the circuit relay team which took second place.

Altrincham team mates Cathy Halliwell and Carolyn Kenyon were members of the four by two lap relay team which also struck silver.

In the colts competition, Altrincham shot putter Anthony Dwyer won a silver medal with a put of 10m 05cm.

ALTRINCHAM athlete Laura Hancock, captain of the Under 13 Cheshire team in the North West regional Sportshall final, led the county to a magnificent victory in this seven cornered match.

Laura won silver in the shot put with a8.73m throw and was a member of the circuit relay team which gained second place, while in the colts competition, Altrincham shot putter Anthony Dwyer gained the silver medal.

The Messenger Friday March 24th 1989.

•The club has had four youngsters called up for the Cheshire U13 squad in the Sportshall Intercounties Championships to be held on April 9.

Laura Hancock, Cathy Halliwell, Caroline Kenyon and Anthony Dwyer will be competing in the championships held this year at Altrincham Sports Centre.

Four lap runner Caroline will be competing a second time for Cheshire. She ran for them last year at U11 level, and Laura, who specialises in shot put and long jump, also represented Cheshire two years ago.

Cathy does the shot put and four lap, while Anthony Dwyer is a shot putter.

And at the U11 inter-county championships at Derby on Sunday, Altrincham AC girls Anna Hyde and Sarah Tutty helped their county to victory.

The Messenger Friday April 14th 1989- Page 75



THESE are the golden girls of Altrincham AC... fit young lasses as they are, they proudly sport the bronze team medals they won at a recent North West Sportshall Under 11 competition at Leasowe on the Wirral.

But a few of them proudly bear medals with a more shiney hue.

Claire Demaine and Sarah Tutty won a gold in the eight lap race, while Anna Hyde came out tops in the vertical jump and Lydia Connett was first in the kneeling throw – where she threw further than the winner of the boys event!

From left to right above are (back): Claire Donaldson, Fiona Demaine, Jenny Biesty, Angela Brocklehurst, Vicky Abbott, Alison Bown, Alex Norton, Sarah Brown. Front: Claire Demaine, Anna Hyde, Lydia Connett, Sarah Tutty.

DRIVING THE DREAM

SALE & ALTRINCHAM
MESSENGER
VFD AFN ALTRINCHAM EDITION Friday May 19th 1989

Kids compete

SCHOOL teams from Trafford are to take part in a massive indoor games event at the G-Mex Centre later this month to boost Manchester's bid to stage the 1996 Olympics.

It will feature decathlon champion Daley Thompson and fellow athletes Jack Buckner, Fiona May, Sally Gunnell and Colin Jackson showing 1,000 young athletes from schools all over the north west the way ahead in sport as 16 teams of boys and girls in four age groups compete, with ICL computers compiling and evaluating the results.

Rick Parry, director of the Olympic 'bid', says: "The range of sports has been scientifically organised to identify the potential of children. Who knows, we may even discover athletes who could represent Britain in what we hope will be the Manchester Olympics."

The Trafford co-ordinator for the mini-games, sponsored by Adidas and the Central Manchester Development Corporation, is Graham Marshall of South Drive, Timperley.

Jumping to it...



JUMPING for G-Mex, above, is a Sale Harriers youngster who was among hundreds of local kids who battled for places in the Trafford team to compete in the North West Sportshall Championships later this month.

Children from the Harriers, Stretford AC and local schools joined young Altrincham AC athletes – who are the most experienced in Sportshall competitions – at trials in Green Lane primary school in Timperley last Wednesday.

The competition will take place at G-Mex in Manchester at the end of this month, when Daley Thompson will be there to meet the kids and pass on advice.

And the whole event is being seen as a part of the Manchester bid to bring the 1996 Olympic Games to Britain.

SPORT

Kids compete

HUNDREDS of local youngsters were due to descend on a Timperley school on Wednesday in a bid to make the Trafford team for the North West Sportshall Championships.

Local athletics giants Altrincham AC, Sale Harriers and Stretford AC were combining to lead the Trafford challenge at the tournament in G-Mex on May 29 by inviting children from selected schools and even swimming clubs to enter the trials at Green Lane High School in Timperley.

In the end, an 80-strong squad will be chosen to represent the borough on the day.

The selectors are picking eight teams of 10 boys and girls at Under 12, 13, 14 and 15 level to compete against some 1,200 other north west youngsters, watched by international star decathlete Daley Thompson at G-Mex.

MANCHESTER 1996 · THE BRITISH OLYMPIC BID ·

DRIVING THE DREAM



TRAFFORD GIRLS TEAM MANAGERS
SUE HANCOCK & JOHN SNAPE



U14 SILVER MEDAL FOR
LAURA HANCOCK

KIDS CAPTURE SILVER

SALE & ALTRINCHAM
MESSENGER
VFD AFN ALTRINCHAM EDITION Friday June 2nd 1989

THE pick of Trafford's junior athletes returned home triumphant on Monday – winning a silver medal in a major North West Sports Hall competition at Manchester's G-Mex Centre.

An 80-strong team of local starlets competed against some 1,200 young athletes from 15 other North West counties and boroughs in an 'all-rounder' competition – a special indoor event for children between 11-15 years designed to promote Manchester's Olympic Bid.

'Driving the Dream' is the bid's slogan, and the brave Trafford youngsters drove themselves to faster speeds, higher jumps and longer throws in their heroic bid to win the title.

Words by Joseph Evans
Pictures by John Mounfield

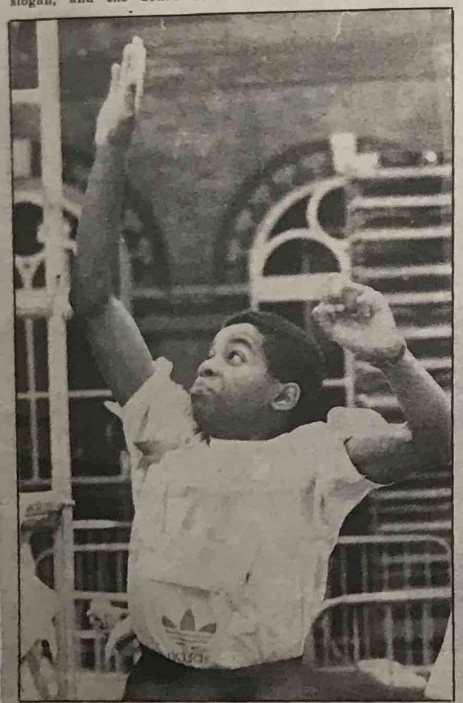
The world's best athlete Daley Thompson was there too – together with other star athletes such as Fiona May – to encourage and meet the kids.

Clubs and schools from all over the borough, including Sale Harriers, Stretford AC and Altrincham AC, provided athletes for the team.

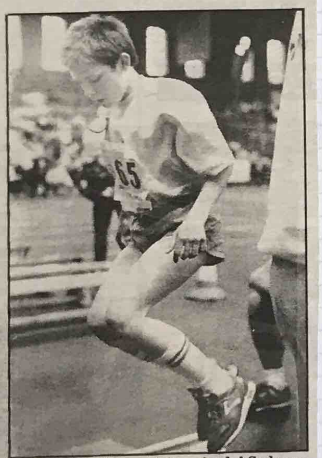
Altrincham's Laura Hancock produced a great performance on the day, winning the silver medal in the U14 girl's class by finishing first in the high jump, second in the shot and putting up a good show in the 60 metre hurdles.

Trafford U13 girl's relay team were also medal winners with the bronze in the 4x150 metre relay. Team members were Helen Wilcock, Claire Burke, Alex Murray and Caroline Booth, all of Sale Harriers.

Richard Metcalfe, aged 14, from Sale Harriers, won the standing jump with a 1.40 leap, while Ashton-on-Mersey school pupil Ashley Guishard came first in the long jump with a distance of 2.44m.



LONG jump gold medallist Ashley Guishard turns his hand to the vertical jump.



RICHARD Clancy of Stretford AC shows what a spring he's got in his step during the all-rounder competition.



OLD Trafford youngster Leon Doyle shows all the determination of an Olympic athlete as he attempts to outstrip his rivals' in the standing long-jump.



A CHIP off the old block... Sinead Roche, daughter of former Manchester United goalkeeper Paddy, is seen flying through the air with the greatest of ease in the standing long jump contest at G Mex.

'Sport City' crown bid

MANCHESTER's bid for the 1996 Olympic Games will help it replace London as the country's athletics capital, said leading TV commentator Ron Pickering.

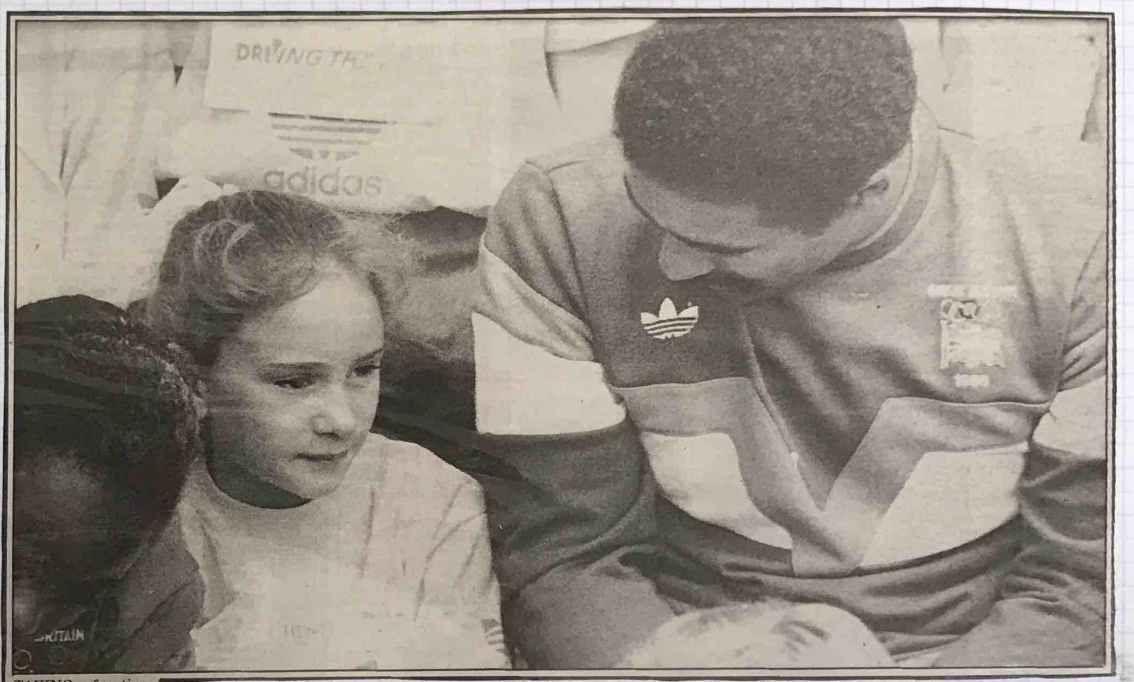
He made his bold prediction after watching more than 1,000 children take part in the biggest hall athletics meeting ever staged in the North West.

Ron, who hosted the all-day event at Manchester's G-Mex centre, said: "The North of England has such a wealth of young athletes, its junior structure is well ahead of the south in its depth of clubs, and will overtake the south within five years in the production of future athletics stars."

The All Rounder competition attracted 16 teams of 40 boys and girls

Daley Thompson, one of a number of top athletes lending their support, said later: "If we get the Olympics I know the whole country will get behind Manchester."

And Dr James Grigor, chairman of Central Manchester Development Corporation, and one of the major sponsors of the city's bid, added: "The Olympics will establish Manchester again as a truly international city."



TAKING a few tips from the top is Julie Harrison, aged 11, a young Sale Harrier who just happened to bump into a certain Mr Daley Thompson on Monday. The chance encounter came at a junior indoor athletics championship involving some 1,280 children – and more pictures are on page 78.



WE WERE THERE !



DANIEL WATERFALL | SAM MASON | STEVEN GROVE | LAURA HANCOCK | JOHN SHAPE | MICHELLE BIGGIN
PAUL RAFFERTY | SUE HANCOCK | RICHARD WILLIAMS | KELLY WOOD | PAUL DEMAINE



STEVEN GROVE

DANIEL WATERFALL

Guardian Sport

Driving the Olympic dream

MANCHESTER'S bid to stage the 1996 Olympic Games officially got off the ground in spectacular style on Bank Holiday Monday.

More than 1,200 young athletes from all around Greater Manchester – including many from Trafford – assembled at the G-Mex Centre for a day of indoor athletics.

The event launched the city's Driving the Dream campaign – designed to woo the all important votes of the 93 International Olympic Committee delegates – to ensure sport's greatest showpiece comes to the North West.

16 teams representing districts throughout the region competed against each other.

Altogether, the children – aged between 11 and 15 – took part in a staggering 5,440 tests involving 14,720 trials.

"It was a fantastic day," Altrincham Athletic Club official Ken Chadwick – who helped in the organisation of the different events – told the Guardian.

"Afterwards, everybody was asking 'When is the next one?'. It was that kind of the day," Ken added.

Among the highlights, the junior Trafford side took a team bronze while Altrincham's Laura Hancock achieved a personal best in the shot, taking a silver medal.



LAURA HANCOCK

SAM MABON

KELLY WOOD

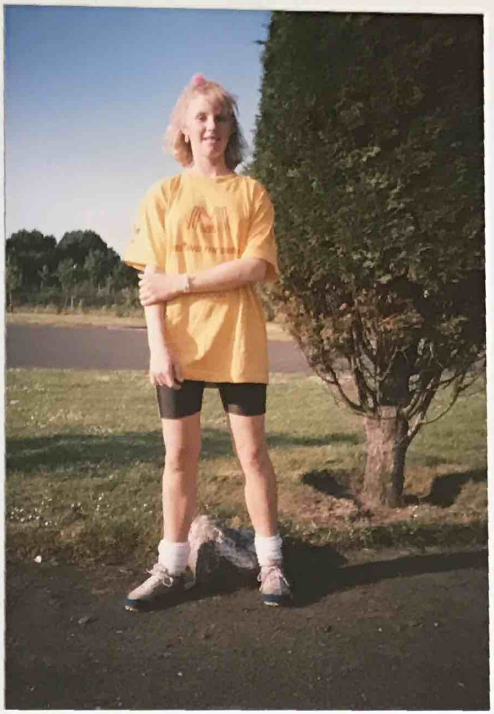


LAURA HANCOCK

SARAH TUTTY



CATHY
HALLIWELL



Dream drivers' Daley licence

DALEY THOMPSON, the most celebrated Olympian of the past decade, and Ron Pickering, the most respected public voice on athletics, mingled with an enthusiastic bunch of kids on Monday to give a muted but marvellous start to Manchester's Olympic bid.

By Tony Lanigan

The occasion was a relaxed, mildly competitive Sports Hall athletics event involving 1,200 youngsters from the area.

More importantly, it was the first of a series of events which it is hoped will culminate in Manchester staging the Olympic Games of 1996.

Significantly, it was children who launched the campaign, called "Driving the Dream," as they are the ones who will benefit ultimately from the superb facilities that the success of the bid would bring.

And with the likes of Thompson and Pickering giving their wholehearted support, it should curb the doubts of many about Manchester's ability to compete with the likes of Athens, Toronto and Melbourne for the greatest prize in world sport.

Pickering was particularly optimistic and expressed an undiminished faith in his native North.

"Sports Hall athletics was devised in the North and have brought through an incredible amount of talent. I'm convinced the north will overtake the South in the next five years of providing national athletes as we have as much talent here as anywhere in the world.

"And many of the athletes with great promise are not yet in the clubs," he said.

"These young people could not have a better example than Daley to prove that you can make it to the top from an ordinary start. Here is their example to Drive the Dream."

Thompson said: "All the British athletes are backing the Manchester bid because we all want the Games back in Britain. It is not just for Manchester, or even for the North West region, but for the whole country.

Rick Parry, director of the Manchester Olympic Bid, said: "It has been a fantastic day, with children from all over the region joining in with great enthusiasm.

"They are now our ambassadors to tell their friends and families why we need everyone's backing to bring the Games back to Britain."



Olympian Daley Thompson, Lord Mayor, Mrs Yomi Mambu, and the "dream drivers."

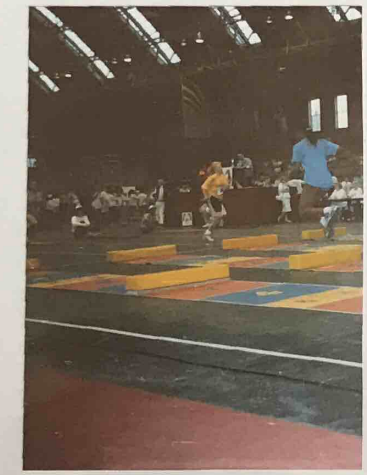
Manchester Metro News Friday, June 2, 1989

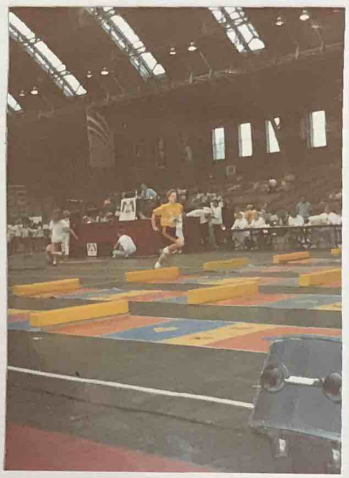
STEIN
MILLINGTON

MICHELLE
BIESTY













THE DAY WE MET THE PRESIDNT OF THE INTERNATIONAL OLYMPIC COMMITTEE - JUAD SAMARANCH.
10 JULY 1989

RELAYS CATHY HALLIWELL LAURA HANCOCK
KELLY WOOD ——— SAM MABON

CROSS COUNTRY 1989/90





MANCHESTER LEAGUE ROUND 1
HEATON PARK 28 OCT 1989

Steve Grove, Sam Mabon & Edward Clancy packing well.

Sam Mabon

Edward Clancy

Steve Waite (Not AO vest) flying the flag!











EXPRESS ADVERTISER, NOVEMBER 23, 1989

MOVING UP THE FIELD

AT THE second meeting of the North West Womens Cross Country League held at Sherdley Park, St Helens last Sunday Altrincham A.C. Athletes Carolyn Kenyon and Jayne Spark produced fine performances.

At the start of the Minor Girls race Carolyn had to battle through a field of 94 to take her position in the leading pack of six.

Finishing strongly in 5th position shows a big improvement on her 11th position in the first round.

Team mates Ana Hyde and Sarah Tutty finished in 30th and 72nd positions.

Later in the afternoon Jayne had a solo run in the senior race, unable to catch the leader Janet Holt of Stretford but well clear of the rest of the field.

Her 2nd position was supported by Lynne Nichol in 17th and Jean Jones 56th.

NORTH WEST WOMENS
CROSS COUNTRY LEAGUE
ST HELENS
19 NOV 1989

ALTRINCHAM AND SALE GUARDIAN, Thursday, November 23, 1989

Sport 4

Spark's flyer

ALTRINCHAM and District athletes, Carolyn Kenyon and Jayne Spark, produced superb results in the 2nd round meeting of the North West Women's Cross Country League, at Shodley Park last Sunday.

Kenyon finished 5th out of a field of 94 in the minor girls' race... a big improvement on her 11th place in the first round.

Team-mates Anna Hyde and Sarah Tutty finished 30th and 72nd respectively.

In the senior race, Spark ran most of her race alone unable to catch the race leader, Janet Holt of Stretford, but way ahead of the rest of the field.

Her fine second place was followed by Lynne Nichol17th and Jean Jones 56th.

NORTH WEST WOMENS
CROSS COUNTRY LEAGUE
LEIGH
3 DEC 1989



ALTRINCHAM AND SALE GUARDIAN, Thursday, December 7, 1989

Sport 3

Carolyn in fine form for A.A.A. Championship



TWO of Altrincham A.C's minor girls travelled to Lilford Park, Leigh with coach John Snape to run in the final meeting of the North West Women's Cross Country League last Sunday, as a preview to the Greater Manchester County A.A.A. Championships to be held there on Sunday.

Not content with her superb victory in the Schools' Cross Country League match at John Leigh Park, the previous day, Carolyn Kenyon hit the lead soon after the start.

She maintained her position throughout most of the race, but, tiring in the closing stages, she was overtaken by a Blackley athlete. However her second position, her best in the League, should give her confidence for next week's Championship.

Also running for Altrincham, first year minor Sarah Tutty improved on her previous performance, coming in 59th.

Our picture shows Carolyn Kenyon (110), together with Sarah Tutty (111) and Anna Hyde who is recovering from illness and should also be running in the championship on Sunday.

EXPRESS ADVERTISER, DECEMBER 7, 1989

CAROLYN IN FORM

LEIGH HAMOS' course at Lilford Park was the venue for the third round of the North West Women's Cross Country League on Sunday and two girls from Altrincham and District AC chose to run to preview the course for next week's Greater Manchester Women's AAA Cross Country Championships.

The idea was to run a steady race but Carolyn Kenyon, still in top gear from her magnificent victory in the Schools Cross Country League Match at John Leigh Park the day before, felt the start too slow and took the lead which she maintained until the closing stages.

Her second position gave her a tremendous boost of confidence for next week's championships.











CHESHIRE CROSS COUNTRY
CHAMPIONSHIPS 9 DEC 1989

OPEN U11 GIRLS RACE

FIONA DEMAINE RACHEL MCKENZIE
SARAH BROWN CLAIRE DEMAINE







CAROLYN FENTON



GREATER MANCHESTER
COUNTY CROSS COUNTRY
CHAMPIONSHIPS 10 DEC 1989
LEIGH
MINOR GIRLS.



SARAH TUTTY
AMY WATERLOW



AMY WATERLOW



CLARE BARBER





ALTRINCHAM AND SALE GUARDIAN, Thursday, December 14, 1989

Guardian Sport

Waiting game !

UNABLE to produce their best performances due to recent illness, both Carolyn Kenyon and Jayne Spark, members of Altrincham and District Athletic Club, must await the decision of the Greater Manchester County selectors to determine whether they will represent their county in the national finals, following their eighth places in the minor girls and senior ladies races in the County Championships held at Lilford Park, Leigh last Sunday.

The Minor Girls' team of Carolyn, Clare Barber, Amy Waterlow and Sarah Tutty gained ninth place overall whereas the more experienced team of Jane, Ann Pugh, Fiona Poland and Monica Curran finished fourth. Ann Pugh also won the Vets' gold medal with Fiona gaining the bronze.

Altrincham's Derbyshire qualifiers were more successful with Pat Mee and Kath Martin gaining selection for their county with 5th and 7th places.











JAYNE SPARK

GREATER MANCHESTER COUNTY
CROSS COUNTRY CHAMPIONSHIPS
WILFORD PARK LEIGH.
DEC 10 1989
SENIOR LADIES



JAYNE SPARK



ANN PUGH



MONICA CUDDIHY

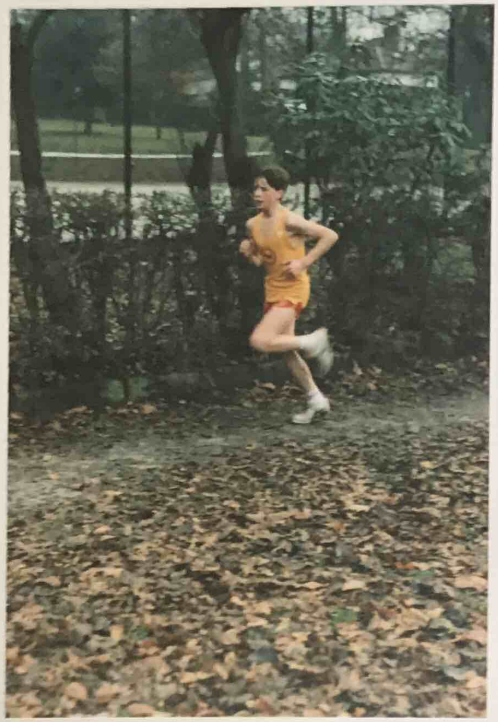


JAYNE SPARK



FIONA POLAND

The Messenger Friday December 22nd 1989



Bob sprints in

ALTRINCHAM & District Athletic Club's annual Christmas Handicap at John Legh Park produced one of the closest contests for years last Saturday.

For, in a neck and neck finish, builder Bob Sparkes produced a last-ditch sprint to edge out Dave Entwistle and Malcolm Schofield — with Jeff Norman closing fast in fourth place.

First women home were Anne Pugh and Jane Sparkes, while the fastest run of the day was posted by teacher Peter Pickwell, who clocked 21.24 for the 4.5 miles course.

At the presentation, prizes were taken by Linda Coombes, Vicky Abbott and Tina Brown in the junior girls category while Max Pickwell took the spoils in the boys, ahead of Eddie Clancy and Richard Williams.

CHRISTMAS HANDICAPS
BOYS RACE. 16DEC 1989
EDWARD CLANCY
RICHARD WILLIAMS
KEVIN BERGEN





ALTRINCHAM AND SALE GUARDIAN, Thursday, December 21, 1989

Flying Sparkes

IN the Annual Christmas Handicap of Altrincham and District Athletic Club, at John Legh Park on Saturday, handicapped Jeff Norman produced one of the closest contests for years.

In a neck and neck finish Bob Sparkes, who is a local builder, produced a sprint to just edge out Dave Entwistle and Malcolm Schofield, with Jeff Norman closing fast.

Fastest run of the day was posted by Peter Pickwell in 21 minutes 24 seconds for the five lap course.

At the presentation after the race, prizes, on a 'bring a prize - take a prize' basis, were taken by Linda Combs, Vicki Abbott and Tina Brown in the Junior Ladies race and by Max Pickwell, Eddie Clancy and Richard Williams in the Boys' race.



OLIVIA THOMAS





ANNA KENYON TINA BROWN



LINDSEY COOMBS.

CHARLES SUMNER MEMORIAL
UNDER 9 RACES
GATLEY 31 DEC 1989



MATHEW TUTTY

The Messenger Friday January 5th 1990

Athletics

New girls make mark

AN injection of new blood into the Altrincham and District Athletic Clubs young girls' team started to pay dividends in the Charles Sumner Memorial Meeting at Gatley on Sunday.

For the Under Nines team — formed only in the last three weeks — ran away with third team prize as youngsters Olivia Thomas, Tina Brown and Anna Kenyon finished 5th, 11th and 12th respectively.

Anna's more famous sister Carolyn, together with team mates Clare Barber and Amy Waterlow, had to be content with fourth place in a hard fought Minor Girls 3x1 mile relay, close on the heels of Hyndburn, Wigan and Manchester Harriers.

The Under 11 girls, meanwhile, with their top three members absent on holiday, claimed sixth and ninth team placings with new recruit Elizabeth Prior producing the fastest lap for the 'A' team.

Mathew Tutty had a fine run in the Under Nine boys race, finishing sixth, but the Under 11 boys struggled home eleventh in their 3x1 mile relay.



JENNY BIESTY

ALTRINCHAM AND SALE GUARDIAN, Thursday, January 4, 1990
Guardian Sport

Trio's tonic

MANCHESTER Harriers held their annual Charles Sumner Memorial meeting at Gatley last Sunday and Altrincham Athletic Club took 19 of its young members to this popular event.

The first race proved to be the highlight of the day with Olivia Thomas, Tina Brown and Anna Kenyon taking third place in the U9 section.

The U13 girls' team, of Carolyn Kenyon, Clare Barber and Amy Waterlow, had to be content with fourth place in the 3 x 1 mile relay.

In the boys' races, Matthew Tutty showed his improved form, finishing sixth in the U9 race.



SARAH BROWN



ELIZABETH PRIOR



SARAH BIESTY

CHARLES SUMNER MEMORIAL RELAYS
UNDER 11s
DEC 31ST 1989



RACHEL MCKENZIE



RICHARD HYDE



ANDREA BROCKLEHURST



CAROLYN KENYON



AMY WATERLOW



CLARE BARBER

CHARLES SUMNER
MEMORIAL RELAYS
UNDER 13s
DEC 31ST 1989



EXPRESS ADVERTISER, JANUARY 11, 1990

Twin's top show

ALTRINCHAM and District Athletic Club took 17 of its young athletes to Castle Park, Frodsham, last Sunday for the first meeting of the Cheshire Cross Country League.

In the under 11 girls race, twins Clare and Fiona Demaine finished sixth and eighth, followed in by Sarah Brown in 15th and Jenny Biesty 23rd. The under 11 boys team of Jonathon Rose, Phillip Jorden and Peter and Mark Brumby, recorded 21st, 24th, 58th, and 61st respectively.

The minor girls were led in by Carolyn Kenyon in second, putting in a fine performance just one week before she travels to Bristol with the Greater Manchester County team.

Amy Waterlow 12th, Anna Hyde 18th, and Claire Barber 26th made up the rest of the team.

Edward Jorden and Paul Demaine took 23rd and 30th in the colts race, and a much improved Edward Clancy had an excellent run in the under 15 boys race, finishing 9th.

CHESHIRE CROSS COUNTRY LEAGUE, CASTLE PARK FRODSHAM 7 JAN 1990



CLAIRE DEMAINE



JENNY BIESTY



CLAIRE DEMAINE



FIONA DEMAINE



SARAH BROWN



JENNY BIESTY



PHILLIP JORDAN

JONATHON ROSE



PETER BRUMBY





AMY WATERLOW

CHESHIRE CROSS COUNTRY LEAGUE, CASTLE PARK, FRODSHAM
U13 GIRLS 7 JAN 1990



CAROLYN KENYON



CLARE BARBER



CAROLYN KENYON



CAROLYN KENYON



ANNA HYDE
AMY WATERLOW



ANNA HYDE



ALISON BOWN

The Messenger Friday January 12th 1990

Jayne in command

ALTRINCHAM and District Athletic Club's Greater Manchester County qualifiers produced excellent performances at the first meeting of the Cheshire Cross Country League in Frodsham last Sunday.

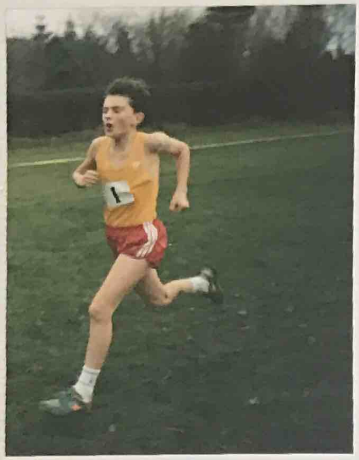
With only seven days to go before they travel to Bristol with the county team, Carolyn Kenyon secured second place in the minor girls race and Jayne Sparke took absolute command of the senior women's race — finishing well clear of the opposition.

Other fine performances were recorded by Claire and Fiona Demaine, sixth and eighth in the Under 11 girls race, Amy Waterlow 12th in the minor girls, and Edward Clancy in the Under 15 boys race.



ALISON BOWN

CHESHIRE CROSS COUNTRY
LEAGUE, CASTLE PARK FRODSHAM
7 JAN 1990
COLTS, BOYS & COACH!



EDWARD JORDAN



EDWARD CLANCY



JOHN SNAPE



EDWARD CLANCY

EXPRESS ADVERTISER, JANUARY 4, 1990

County challenge

ALTRINCHAM and District Athletic Club had the double honour last week of having two of its girls selected to run for Greater Manchester County in the Womens' Inter-County Cross Country Championship, to be held in Bristol on Sunday, January 14.

Twelve and a half year old Carolyn Kenyon was delighted last Thursday when she received her call-up for the minor girls' team, marking yet another milestone in this talented girl's athletic career.

Carolyn was first spotted when she ran for St Hugh's Primary School in the Altrincham Schools Cross Country League.

Now a second year pupil at Loreto Grammar School, she has already achieved great things, both for her school and her club.

Jayne Spark, Altrincham's junior international cross country star, received her call-up for the senior ladies team. Running for her county is nothing new to Jayne and no doubt Carolyn will be drawing on her experience in the weeks to come. We wish them both the best of luck.

ALTRINCHAM AND SALE GUARDIAN, Thursday, December 28, 1989

Guardian Sport

AFTER a nailbiting two week wait, two sensations from Altrincham and District Athletic Club have learnt of their selection for Greater Manchester in the Womens Inter Counties Cross Country championships at Bristol on January 14.

Altrincham's junior international cross country ace Jayne Spark joins the senior ladies team while young Caroline Kenyon has been chosen to run with the minor girls.

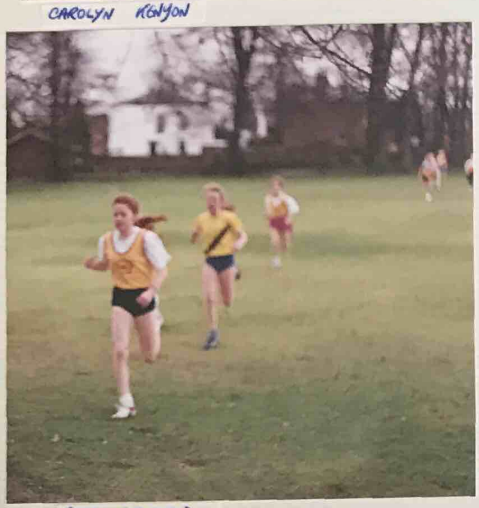
This marks a further milestone in their outstanding athletic careers.



INTER CLUB CROSS COUNTRY
JOHN LEIGH PARK
20 JAN 1990



CAROLYN KENYON



AMY WATERLOW



CLAIRE DEMANTE



SARAH BROWN



JENNY RIERTY



AMY, SARAH, CLARE & ANNA



The Messenger Friday February 2nd 1990

Amy is best of bunch

YOUNGSTERS from Altrincham and District AC excelled to take 19th place out of 47 teams competing in the Northern Counties Women's Cross Country Championships at soggy Darley Abbey Park in Derby on Sunday.

Amy Waterlow was the first local runner home, in 51st place, with Clare Barber finishing 93rd, Anna Hyde 126th and Sarah Tutty 140th.

In a massive senior field, Altrincham women had mixed fortunes as Jayne Spark took a tumble in the mud on the first lap and almost fell over a dog near the finish to record 31st position, followed in only 28 seconds later by Pat Mee 46th with Gay Freeman 111th.



CLARE BARBER



ANNA HYDE.

NORTHERN COUNTIES
WOMENS CROSS COUNTRY
CHAMPIONSHIPS 28 JAN 1990
DARLEY ABBEY PARK DERBY.



AMY WATERLOW

The Guardian Thursday February 1st, 1990

Sport 3

TOUGH GOING

ALTRINCHAM and District Athletic Club found it tough going at Derby's treacherous Darley Abbey Park in the Northern Counties Women's Cross Country Championships last Sunday.

With 47 clubs represented in the minor girls' race, Altrincham and District A.C's team of Amy Waterlow 51st, Clare Barber 93rd, Anna Hyde 126th and Sarah Tutty 140th, did well to achieve 19th place.

Unable to field a team on the day, Altrincham Senior Ladies had mixed fortunes.

Jayne Spark fell on a muddy bend on the first lap and had to be content with 31st place. Pat Mee had an excellent run to finish 46th, only 28 seconds behind Jayne. Gay Freeman also had a fine run, finishing 111th.

Altrincham's girls will be travelling down to Rickmansworth for their next major meeting, the National Cross Country Championships on February 17th.



CLARE BARBER







NORTHERN COUNTIES WOMENS CROSS COUNTRY CHAMPIONSHIPS
DARLEY ABBEY PARK DERBY
28 JAN 1990
MINOR GIRLS RACE



ANNA HYDE

SARAH TOTTY







NORTHERN COUNTIES
WOMENS CROSS
COUNTRY CHAMPIONSHIPS
DARLEY ABBEY PARK
DERBY

28 JAN 1990

SENIOR LADIES
RACE





EXPRESS ADVERTISER, FEBRUARY 1, 1990

A small contingent of minor girls and senior ladies from Altrincham and District AC made the trip to Darley Abbey Park, Derby on Sunday to compete in the Northern Counties Womens Cross Country Championships.

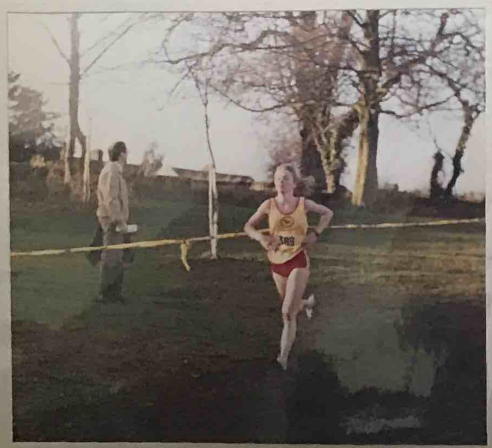
Following the storms the previous week, the course was very soft underfoot and hazardous in places, but the fine weather on the day attracted hundreds of runners from all over the north.

Forty seven clubs were represented in the minor girls race and Altrincham's quartet of Amy Waterlow, 51st, Clare Barber, 93rd, Anna Hyde, 126th and Sarah Tutty, 140th achieved a creditable 19th place overall.

Unfortunately Altrincham were unable to field a full team in the even bigger Senior race with Jayne Spark finishing 31st after an unfortunate tumble into the mud on the first lap. Pat Mee was only 28 seconds behind in 46th position and Gay Freeman had a stong run to finish 111th.

Their next major cross country meet is the National Championships to be held at Rickmondsworth on Feb. 17th.





PAT
MEE







The Guardian Thursday February 22, 1990
Sport 4

Last weekend saw a full programme of events for the youngsters from Altrincham and District Athletic Club, with the Women's National Cross Country Championships at Rickmansworth on Saturday and the second round of the Cheshire Cross Country League at Bebington on Sunday.

Amy Waterlow showed considerable improvement in her form, finishing 104th at the Nationals, followed in by Carolyn Kenyon, 130th, and Clare Barber, 172nd, out of a total of 392 finishers.

Anna Hyde failed to finish, twisting an ankle on her second fall during the race.

Conditions were wet and muddy at Bebington on the Wirral on Sunday. In the U11 girls' race, Sarah Brown and Jenny Biesty finished 20th and 31st. Jonathon Rose and Mathew Tutty were 33rd and 44th in the under 11 boys' race.

In her second race in two days, Carolyn Kenyon was 11th and Sarah Tutty 37th in the minor girls' race.

WOMEN'S NATIONAL CROSS COUNTRY CHAMPIONSHIPS
RICKMANSWORTH 17 FEB 1990
MINOR GIRLS
10 CLARE BARBER
11 ANNA HYDE
12 CAROLYN KENYON
14 AMY WATERLOW







THE START



CAROLYN KENYON

SA EXPRESS ADVERTISER, FEBRUARY 22, 1990

Amy runs into form

YOUNG athletes from Altrincham and District Athletic Club had a busy weekend at the Womens National Cross-Country Championships at Rickmansworth and the second meeting of the Cheshire Cross-Country league at Bebington.

At the Nationals, Amy Waterlow showed considerable improvement in her form to finish 104th out of 392finishersin her first year as a minor girl. Carolyn Kenyon finished in 130th place and Clare Barber 172nd.

Bad luck befell Anna Hyde who tumbled twice, the second time spraining an ankle so badly that she had to be carried off.

In extremely muddy conditions at Bebington, Sarah Brown and Jenny Besty finished 20th and 31st in the Under 11 girls race, Jonathan Rose and Mathew Tutty 33rd and 44th in the under 11 boys and Carolyn Kenyon and Sarah Tutty 11th and 37th in the minor girls.



AMY WATERLOW



CLARE BARBER













U11 GIRLS START



SARAH BROWN



JENNY BIESTY



JONATHON ROSE

CHESHIRE CROSS COUNTRY
LEAGUE - BEBINGTON.
18 FEB 1990



NATHAN TUTTY



CAROLYN KENYON



SARAH TUTTY



CAROLYN KENYON



CLARE BARBER 2ND LEG, AMY WATERHOUSE 1ST LEG,
CAROLYN KENYON 3RD LEG,



ENGLISH CROSS COUNTRY
RELAY CHAMPIONSHIPS
BERRY HILL PARK MANSFIELD
SATURDAY MARCH 24TH 1990



112 Chad 28th March 1990

Athletics showpiece at Berry Hill

Report by Gordon Foster

MANSFIELD's growing reputation for hosting top athletics events received a further boost when Berry Hill played host to the 1990 English Cross Country Relay Championships on Saturday.

The event came to Mansfield for the second successive year following a highly successful debut in the town 12 months ago after previously being based at Crystal Palace.

Hopeful

And Mansfield District Council's Leisure Services officials are now hopeful that the Chad-sponsored event will become a permanent fixture in the town's athletics calendar.

Championship President J. W. Percy was again full of praise for the superb organisation on the day.

The championships mark the only occasion when the Men's and Women's associations come together for a joint event — and as last year was the first time this had happened Mansfield claims a unique place in the cross country world.

Alistair Currie, Athletics Manager of the Leisure Services Department and Clerk of the Course, told Chad: "The blustery conditions would have added some 20 to 30 seconds to the times achieved by the seniors, but underfoot conditions were good and the track was hard and fast."

The Manchester area gained a clean sweep in the senior events, with Salford taking the men's team championship in 61.30, 17 seconds clear of second-placed Tipton.

While Sale Harriers captured the ladies' title for the second year running in 31.54.

Included in the Tipton Harriers men's squad was Tony Milovsorov, who was the first British runner to finish the 1989 London Marathon in 2.9.56, but was forced to drop out of the Commonwealth Games team through injury.

"The whole organisation of the event is again first class, and it's good to be back at Mansfield," he said.







ENGLISH CROSS COUNTRY
RELAY CHAMPIONSHIPS
BERRY HILL PARK MANSFIELD
SATURDAY MARCH 24TH 1990



CAROLYN KENYON ON THE ANAL LEG



■ English Cross-country Relay Champs Berry Hill Park, Mansfield 24th March

SHARING the same date as the World Championships; at the end of a congested winter programme, and the prospect of chill northerly winds, all contrived to condemn this event to something short of what its title might have us hope.

On a day when the depth of competition failed to match either the quality of the course or the event's organisation, it was Salford Harriers who carried away the main prize of the afternoon and with it the accolade of English Cross-country champions.

Thirty-two teams lined up for the men's race with old hands Tipton,in the shape of Chris Sweeney, Tony Milovsorov, Lee Wooldridge and John Hartigan, the clear favourites. However, from the gun Gary Crowther of Salford gave warning that the north-west outfit meant business. At the end of the first windswept 5km leg he handed over a two-second lead to Mike Deegan with Shaftesbury Barnet second and Tipton a further seven seconds adrift in fourth.

Shaftesbury's Dominic Bannister overhauled Deegan in the latter stages of the second to give the north London team a seven-second advantage at halfway. Milovsorov of Tipton had fought his way into third place although the gap to the leaders had now grown to 23 seconds.

As Shaftesbury slipped back on the penultimate leg Wooldridge gave Tipton's fastest leg of the day as he momentarily closed on his Salford rival. However, Matthews dug deep and by the end he had more than restored his team's lead. "I was really worried because I was feeling really tired," Matthews said, "but it's a question of going at it straight away and not giving them too much of a sniff."

The failure of the event's southern representatives to invite any senior women's clubs led to a mere 10 teams lining up for the start of the race. The south's only representative, National champions Parkside, secured a late entry from the Northern committee and almost saw their initiative rewarded as with a weakened team they followed home Sale. It was a sad condemnation of the day's final event that Sale's last runner was greeted at the finish line by nothing more than a handful of judges, time-keepers, and a solitary shivering journalist. Only recent Hastings Half-marathon winner Julie Holland gave the race any respectability, opening up a 43-second lead on the first leg for the fastest of the day.

Minors (3×2km): 1, GEC Avionics 22:01 (L McDougal 7:21, S Patey 7:29, S Willicombe 7:11); **2, Bedford & County 22:35** (J Parkin 7:45, M Hance 7:35, V Russell 7:17); **3, Aldershot Harriers 22:50** (N Phillips 7:59, B Davies 7:29, S Swift-Smith 7:22); **5, Darlington 22:51** (D Johnson 7:34, A Keenan 7:55, M Cox 7:22); **6, Derby Ladies 23:05** (M Cantrill 7:44, K Jackson 7:41, L Palmer 7:40); **7, Solihull & Small Heath 23:10** (J Dawson 7:52, S Prickett 7:52, H Evans 7:26); **8, Northampton Phoenix 23:13** (L Pringle 7:44, E Pringle 7:47, C Matthews 7:42); **9, Liverpool Harriers 23:17** (V Francis 7:40, J Pears 7:51, L Duncan 7:46); **10, Southport Waterloo 23:26** (R Fearson 7:34, C Swift 7:59, S Dean 7:53); **11, Morpeth 23:27** (C Dickie 7:47, H Foster 7:56, A Dickie 7:44); **12, Wigan & Dist Harriers 23:33** (K McGuire 7:48, K Mehan 8:00, C Entistle 7:45); **13, Sale 23:39** (K Brown 7:43, S Trickey 8:05, C Nettleton 7:52); **14, Altrincham & District 23:50** (A Waterlow 7:55, C Barber 8:07, C Kenyon 7:48); **15, Hull Springhead 23:54** (N Clark 7:35, J Taylor 8:14, N Gardner 8:05); **16, Carlisle 23:56** (N Armiger 8:09, L Wilson 8:01, J Davison 7:46); **17, North Shields Poly 23:56** (S Cross 8:13, J Ribchester 8:10, A Tremble 7:23); **18, Gloucester AC 23:58** (J Anthony 7:55, L Williams 8:08, M Tuck 7:55); **19, Cannock & Staffs 24:00** (S Wollaston 7:46, R Gell 8:06, H Bennard 8:07); **20, Macclesfield 24:28** (V Robinson 8:06, C Kershaw 8:23, L Cheeseman 7:59); **21, Charnwood AC 24:38** (R Jelley 8:00, K Glover 8:05, K Noble 8:33); **22, Manchester Harriers 24:43** (N Young 8:04, J Bailey 8:09, D Rothwell 8:30); **23, Cannock & Stafford 24:51** (J Kirk 8:15, M England 8:24, K Wood 8.12); **24, Hallamshire 24:55** (S Jaques 7:33, H Jackson 8:52, C Wilson 8:30); **25, City of Stoke 24:56** (S Heath 8:16, J Hurst 8:21, L Stewart 8:19); **26, L'pool Pem 25:29** (K Walker 8:47, M Darbenshire 8:41, P Weiss 8:01).



EXPRESS ADVERTISER, MARCH 29, 1990

Reserves' bold show

YOUNG athletes from Altrincham and District Athletic Club had a busy time last weekend.

On Saturday minor girls Amy Waterlow, Clare Barber and Carolyn Kenyon travelled to Mansfield for the English Cross Country Championships.

Having being called up as a reserve team, they gave a creditable performance finishing 14th out of 26, despite lead off runner Amy tumbling over a fallen runner at the start.

As many of the Under 11s had run in championship races for their schools on Saturday, the turnout at the Cheshire Cross Country League meeting at Newcastle-under-Lyme on Sunday, was a bit thin.

However, Susan Hartley produced a fine run coming in 28th in the Under 11 girls' race while Phillip Jackson was 34th in the boys' race.

The best junior performance of the afternoon was that of Amy Waterlow, ninth in the Under 13 girls race, followed in by Sarah Tutty in 31st.

MEDAL

Edward Clancy, not finding the hilly course to his liking, could manage only 14th in the boys' race, but this secured him the club cross country gold medal for his overall performance this season.



SUSAN HARTLEY

CHESHIRE CROSS COUNTRY
LEAGUE - ROUND 3
NEWCASTLE UNDER LYNE
SUNDAY MARCH 25TH 1990



AMY WATERLOW



PHILLIP JORDAN



SARAH TUTTY



EDWARD CLANCY

The Guardian Thursday March 29, 1990

Clancy's gold

ALTRINCHAM and District Athletic Club's minor girls started off a busy weekend for the club's juniors when they travelled to Berry Hill Park, Mansfield for the English Cross Country Relay Championships.

They rewarded coach John Snape with an excellent performance coming home in 14th place out of 26 teams, only one place and 11 seconds behind the other local club, Sale Harriers.

Amy Waterlow led the team off but was immediately floored by an athlete knocked down in front of her. She recovered well and handed over to Clare Barber who ran a solid leg to give Carolyn Kenyon only 14 seconds to make up on the Sale runner.

With many of the club's U11s running for their schools on Saturday, the turnout for the final Cheshire Cross Country League meeting at Newcastle-under-Lyne on Sunday was a little thin.

However, newcomer Susan Hartley ran well to gain 28th place and Phillip Jordan finished 34th in the U11 boys' race. Amy Waterlow kept her footing on the muddy hilly course, following her mishap the previous day, to finish 9th in the U13 minor girls' race, with Sarah Tutty 31st.

Edward Clancy, finding the hills hard going, could only manage 14th in the boys' race but made sure of the Club Cross Country gold medal awarded for overall performance over the season.

CHESHIRE TRACK & FIELD LEAGUE
ROUND 1 BELLE VUE
SUNDAY 22ND APRIL 1990



PETER BRUMBY 100M



KAREN SENIOR 100M



FIONA DEMAINE 100M

The Guardian Thursday April 26, 1990

Girls create new club records

ALTRINCHAM and District Athletic Club's girls set three new club records at the first meeting of the Cheshire Track and Field League, held at Belle Vue last Sunday.

Angela Brocklehurst braved the blustery conditions to put in a powerful performance in the U11 girls' 800 metres, recording 2mins 54.9secs and knocking 1.7 seconds off the record set last year.

The minor girls 4 x 200m relay team of Karen Senior, Fiona Demaine, Susan Hartley and Sarah Tutty reduced the club record by 2.2 seconds to 2mins 12.2secs, and the U15 girls' 4 x 200m relay team of Cathy Halliwell, Clare Barber, Carolyn Kenyon and Laura Hancock knocked no less than 13.1 seconds off the 1983 record.

The girls' successes did not stop there. Laura Hancock won the girls' shot putt and Carolyn Kenyon's third place in the girls' 1,500m stands her in good stead for the future, this being her first race over this distance in her new age group.

The boys also had their moments with Peter Brumby producing a fine run in the U11 boys' 100m, gaining second in the A race, and Paul Demain gaining a fine third in the U15 boys' 200m.

The best youths' performances included some fine running from Daniel Waterfall, second in the C 200m race with 26.7secs and fifth in the A 800m race with 2mins 19.3secs, and from Stephen Grove, second in the B 800m race with 2mins 20secs.



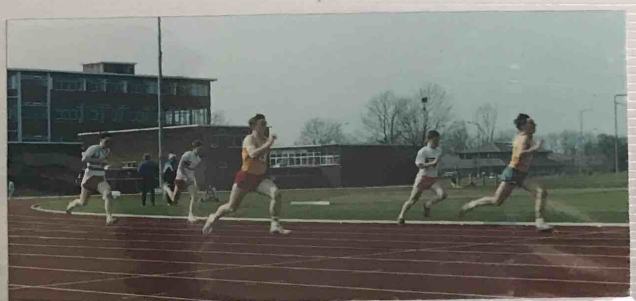
SARAH TUTTY 100M



TRACY CAINE 100M



LAURA HANCOCK 100M



DANIEL WATERFALL 200M

EXPRESS ADVERTISER, APRIL 26, 1990

Record day for local girls. . .

NINE young girls set Altrincham and District Athletic Club records at the first round meeting of the Cheshire Track and Field League held at Belle Vue on Sunday.

Angela Brocklehurst recorded 2min 54.9 sec to claim the 800 metre Under 11 record; the minor girls 4 x 200 metre relay team of Karen Senior, Fiona Demaine, Susan Hartley and Sarah Tutty reduced the club record by 2.2 seconds and the Under 15 girls 4 x 200 relay team of Cathy Halliwell, Clare Barber, Carolyn Kenyon and Laura Hancock clipped a massive 13.1 seconds of the old record which had stood since 1983.

HIGHLIGHTS

Other highlights of the afteroon included Laura Hancock's victory in the girls shot putt and Carolyn Kenyon's performance in the girls 1500 metres, where she gained an excellent third place in her first outing in the age group.

Under 11 Peter Brumby ran his best ever 100 metres to gain second place in the A race and Paul Demaine ran well in the boys 200 metres finishing third.

The best youth's performances came from Daniel Waterfall, second in the C200 metres with 26.7 seconds and fifth in the 800 metres with 2 min 19.3 sec.

Stephen Grove also did well to record 2 min 20 sec finishing second in the B race.



ANGELA BROCKLEHURST NEW CLUB U11 RECORD



WHO SHOT THE COACH? JESS ATTEMPTS BOOTH.





800M MINOR GIRLS RACES

'A' RACE	CLARE	DEMAINE	5TH
	SARAH	TUTTY	6TH
'B' RACE	FIONA	DEMAINE	3RD
	TRACY	CAINE	4TH.

200M MINOR GIRLS 200M RELAY
NEW CLUB RECORD 2m 12.25.

1 KAREN SENIOR 2 FIONA DEMAINE
3 SUSAN HARTLEY 4 SARAH TUTTY.





INTER - CLUB RELAYS
BOGGART HOLE CLOUGH
BLACKLEY.
SUNDAY 29TH APRIL 1990



ANGELA BROCKLEHURST



OLIVIA THOMAS



ASHLEIGH BYRD

U11 3 x 800m

U13 4 x 100m



SUSAN HARTLEY



SARAH TUTTY



CATHY HALLWELL



CAROLYN KENYON

U15 3 x 800

EXPRESS ADVERTISER, MAY 3, 1990

Girls' record display

THE YOUNG ladies of Altrincham and District Athletic Club continued to rewrite the record books on Sunday at the Blackley and North Manchester AC inter club relays.

Minor girls Vicky Abbot, Sarah Brown and Claire Demaine knocked 3.8 seconds off the 3x800 metre club record, while Karen Senior, Fiona Demaine, Susan Hartley and Sarah Tutty shaved six tenths of a second off the 4x100 metre record in reaching the finals.

The under 15 girls also set a club record in the 3x800 metres, recording 9.1 seconds less than that recorded in the Cheshire Championships last year.

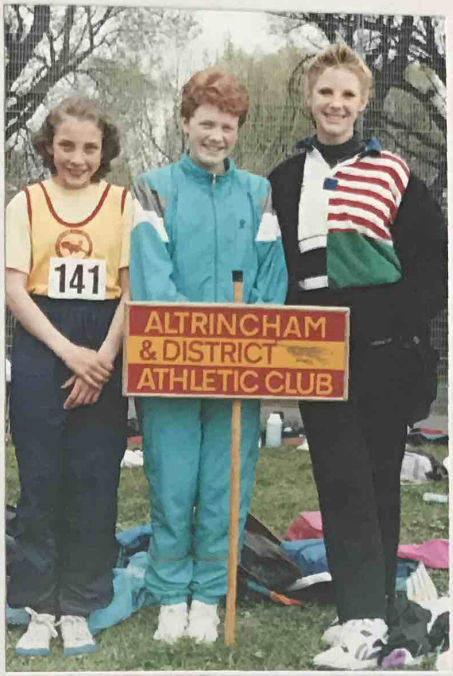
Clare Barber and Cathy Halliwell ran good solid legs to hand over to Carolyn Kenyon, whose final leg of 2 min 33 sec. took the team from fifth to fourth place.

In their first track race over the distance, nine year olds Olivia Thomas and Ashleigh Byrd joined a more experienced Angela Brocklehurst in the under 11 3x800 metre relay.

Their time of 9 min 21.8 sec. in the second heat put them in ninth place overall



MINOR GIRLS
4 X 100M SQUAD
FIONA DEMAINE KAREN SENIOR SUSAN HARTLEY
SARAH TUTTY



U15 GIRLS
3 x 800 m SQUAD
CAROLYN KENYON, CLARE BARBER, CATHY HALLIWELL



FIONA DEMAINE	KAREN SENIOR		SARAH TUTTY	SUSAN HARTLEY
TRACY CAINE	SARAH BROWN	CLARE DEMAINE	VICKY ABBOTT	ANGELA BROCKLEHURST.

STRETFORD OPEN MEETING
SUNDAY 6 MAY 1990



JENNY BIESTY & CLAIRE SWALOSEN (100M)



TRACY CANNE (100M)



KAREN SENIOR (100M)



FIONA DEMANE (100M)



CLAIRE DEMANE (100M)



DIANA MELLOWS (200M)



KAREN SENIOR & SARAH GIBSON (200m)



CATHY HALLIWELL (200m)



EDWARD CLANCY (200m)



SUSAN HARTLEY (200m)



CLAIRE DESMANE (1500m)



FIONA DESMANE (800m)



TRACY CAMG & VICKY ARDSLEY (800m)

GREATER MANCHESTER COUNTY
WOMENS TRACK & FIELD
CHAMPIONSHIPS
STRETFORD 20 MAY 1990



JAYNE SPARK

EXPRESS ADVERTISER, MAY 24, 1990

Jayne is pipped on the last lap

JAYNE SPARK almost pulled off a fine victory for Altrincham and District Athletic Club in the Greater Manchester County Women's Track and Field Championships held at Stretford.

Having led for most of the race, she was overtaken by J. Casey of Oldham and Royton at the start of the last lap of the 1500 metres.

Not to be outdone Jayne stayed on her shoulder but just failed to catch her at the finish. Her time of 4.30.2 was four tenths of a second behind the Oldham girl.

Unable to field any second year minor girls or under 15 girls because of school commitments, four of Altrincham's first year minors put in their first apperance at a County Championship.

Susan Hartley put in a tremendous show in the 80 metres, finishing third in 12.3 seconds and almost claiming a place in the semi finals.

Karen Senior managed fourth in 12.7 seconds in the same heat, despite having starting problems.

The middle distance duo of Claire and Fiona Demaine managed respectable times in the 800 metres having warmed up in the 80 metre heats.

Claire's time of 2.46.1 was her best this season but Fiona's 2.47.9 was nearly five seconds slower than she ran at the open meeting held at Stretford two weeks earlier.



KAREN SENIOR, CLAIRE DEMAINE & ANNA HYDE (70m H)



SARAH BROWN CLAIRE DEMAINE & JENNY BRESTY (70m H)



CLAIRE DEMAINE (1500m)



FIONA DEMAINE (800m)

BRIAN RENTON TROPHY MEETING,
VICTORIA PARK WARRINGTON
28 MAY 1990



TRACY CANE in ARM DIRECTION (800m)



CATHY HALLIWELL (800m)



VICKY ABBOTT (800m)



KELLY WOOD (800m)



SARAH TUTTY 100m



OLIVIA THOMAS 100m



ANGELA BRICKLEHURST 100m

BRIAN RENTON TROPHY MEETING
VICTORIA PARK WARRINGTON
28 MAY 1990



DIANA MELLOWS & CAROLYN RENTON 200m



SUSAN HARTLEY 200m



KAREN SENIOR 200m



HEATHER JACKMAN (200m)



ANNA HYDE 200m



PANA SONIC LEAGUE
JUNE 10TH 1990
ROTHERHAM
STEPHEN CROVE MAKES THE "BIG TIME"

Panasonic
AREA LEAGUES
PROGRAMME '90

INCORPORATING

SOUTHERN LEAGUE
NORTHERN LEAGUE
MIDLAND LEAGUE
WELSH LEAGUE
SCOTTISH LEAGUE
N. IRELAND LEAGUE





PETER BRUMBY (100m)



SAM MASON (100m)

KEVIN BOLGEN (100m)



DANIEL WATERFALL (100m)



MARK BRUMBY (100m)

The Guardian, Friday, June 22, 1990

Men sweep trophy board in track and field

WHITE- HOT !

...and Jonathon leads the way_

ALTRINCHAM'S men's team totally dominated the second round meeting of the Cheshire Track and Field League at Timperley.

The senior men won almost every event with Andrew Brocklehurst 24.4 secs, Jonathon White 24.5 secs, Jason Burns 25.2 secs and Eugene Ryan 26.4 secs, all victors in the 200m races.

In the 1500m Martin Crosby came in second in 4 min 12.8 secs, followed by Jason Burns, fourth in 4 mins 25.5 secs. Jason also won the A shot with 8m 62cm and Barry Chapman the B shot with 7m 43cm.

Peter Hickey and Jonathon White also won the A and B long jump with 5m 49cm and 4m 95cm. The seniors also won their 4 x 100m relay in a fine time of 48.5 secs.

The growing youths' team also had a fine match. Daniel Waterfall won the 1500m in 4 min 33.7 secs, followed by Sam Mabon in fourth place. Sam also won the A long jump with 5m 26cm with Peter Tse winner of the B jump. Daniel was third in the A discus with Sam winning in the B group. With Steve Grove joining them for the 4 x 200m relay, they won in style in 1 min 46.2 secs.

The highlight of the boys' match was 800 metre specialist James Goodall winning by 20.2 secs in a tremendous 2 mins 06.4 secs, followed in third place by Mike Williams in 2 mins 27.8 secs in his first league match for the club. Mike also won the high jump.

Under 11s, Peter and Mark Brumby, both won their 100m sprints. Although the men won their match in 189 points, closely followed by Bury with 175 points, the Altrincham ladies suffered through lack of numbers, especially in the senior section. Carrie Jenkins was the only Altrincham sprinter, coming fifth in the 100m and Jean Jones, fifth in the 800m in 2 mins 57.1 secs, the only distance runner.

The girls, however, managed to field a team, with good performances from Carolyn Kenyon and Cathy Halliwell, third and sixth in the 800m with 2 mins 33.5 secs and 2 mins 44.9 secs respectively. Joined by Diana Mellows and Siobhan Eccles in the 4 x 100m relay, they managed fourth in 60 mins 4 secs.

With nine minor girls in the field, almost half Altrincham's points were earned in this section. In the 800m Claire Demaine achieved second in the A race with 2 mins 47.6 secs, with Vicky Abbott close on her heels in third position with 2 mins 48.3 secs. Tracy Caine came third in the B race in 2 mins 49.4 secs after leading for most of the race with sprinter Susan Hartley finishing fifth.

THIS weekend Altrincham and District Athletic Club will be holding a non-stop 48 hour relay attempting to cover 700 kilometres as part of the Altrincham Charter celebration.

The lap to be run is from the club's track in Timperley Village and follows a route along Park Road, Moss Lane, Grove Lane and back to Park Road. Each lap is approximately one and three quarter miles long with 256 laps needing to be completed.

The relay will commence at 5.30pm under the starting orders of the Mayor of Trafford Cllr James Haydock.



CAROLYN KENYON (400m)



KAREN SENIOR (200m)



CATHY HALLIWELL (200m)



HEATHER JACKMAN (200m)



SARAH BROWN (200m)



CARRIE JENKINS (200m)



SIOBHAN ECCLES (400m)



DIANNA MELLOWS (200m)



JENNY BIESTY, CLAIRE DEMAINE & TRACY CAINE (200m)

CHESHIRE TRACK & FIELD LEAGUE

ROUND 2 ALTRINCHAM

SATURDAY 16 JUNE 1990



SARAH BIESTY



JAMES GODDALL



VICKY ABBOTT



MIKE WILLIAMS



SARAH BROWN



HEATHER JACKMAN

CHESHIRE TRACK & FIELD LEAGUE
ROUND 2 ALTRINCHAM
SATURDAY 16 JUNE 1990



KAREN SENIOR TAKES OVER FROM SUSAN HARTLEY IN THE MINOR GIRLS 4X100M A RACE



SARAH BROWN TAKES OVER FROM JENNY BIESTY IN THE MINOR GIRLS 4X100M B RACE



PETER TSE TAKES OVER THIRD LEG FROM STEVEN GROVE AHEAD OF THE FIELD IN THE YOUTHS 4X200

EXPRESS ADVERTISER, JUNE 21, 1990

EXPRESS SPORT ATHLETICS EXTRA

Alty men run into form

ALTRINCHAM athletes had a busy two days last weekend.

On Saturday the mens team had a resounding victory in the Cheshire Track and Field League held at their home ground in Timperley.

Fielding one of their strongest ever teams the senior men spearheaded the assault on the opposing five clubs, winning almost everything in sight.

Andrew Brocklehurst 24.4 sec, Jonathon White 24.5, Jason Burns 25.2 and Eugene Ryan 26.4 won all the 200 metre races with Martin Crosby second in the 1500 metres in 4m 12.8, followed by Jason Burns in fourth place in 4m 25.5.

Jason also won the A shot with 8m 62cm, Barry Chapman winning the B event with 7m 43cm. In the long jump Peter Hickey and Jonathan White won both A and B events while the seniors rounded off with a resounding victory in the 4 x 100m relay in 48.5 sec.

The developing youths team also had a tremendous match with Daniel Waterfall first and Sam Mason fourth in the 1500 metres with times of 4m 33.7 and 4m 45.8 sec. Sam also won the A long jump with 5m 26cm and Peter Tse took the 3 event.

Daniel secured third place in the A discus with Sam winning the B competition and Steve Grove joined them for the 4 x 200 metre relay which they won in fine style in 1m 46.2.

The boys match was lifted with the arrival of James Goodall for the 800 metres. He took the lead from the gun and left the opposition standing to win in 2m 06.4, 20.2 seconds in front of the second places winner.

Mike Williams followed in third place with a time of 2m 27.8. Mike, making his first appearance for the Club, also won the boys high jump.

With Peter and Mark Brumby both winning their 100 metre races it certainly was the mens team's day, winning with 189 points, 14 ahead of second placed Bury.

However, it was not a day for the ladies, with most of the seniors absent and a lack of numbers in the girls team.

In the senior races, Carry Jenkins was the only Altrincham sprinter, 5th in the 100 metre A race and Jean Jones the only middle distance runner, 5th in the 800 metre A race.

The four girls did their best with good performances from Carolyn Kenyon and Cathy Halliwell in the 800 metres, gaining 3rd and 6th places respectively.

Joined by Siobhan Eccles and Diana Mellows in the 4 x 100 metre relay, they achieved fourth place in 60.4 sec.

Half the ladies points were earned by the Minor Girls fielding a team of nine.

Claire Demaine came 2nd in the 800 metres A race with 2m 47.6, followed by Vicky Abbot in 3rd with 2m 48.3.

Having led the B race for one and a half laps, Tracy Caine dropped back to third with 2m 49.4 and brave Susan Hartley, not used to middle distance races, gained 5th place in 3m 06.9.

Sarah Brown, with only a few weeks high jump training, achieved second place in the A group with Heather Jackman second in the B group, both with 1m 15cm.

The A relay team of Susan Hartley, Karen Senior, Vicky Abbott and Heather Jackman claimed a club record of 61.0 sec for their 4 x 100 metre relay.

On Sunday ten juniors and four senior men travelled to Warrington for their open track and field meeting.

Vicky Abbott produced her best 800 metres time ever of 2m 40.7 in the minor girls race and Sarah Brown claimed a club record in the minor girls 70 metres Hurdles.



PETER BRUMBY (80M)



HEATHER JACKMAN (80M)



VICKY ABBOTT (80M)



KELLY BELBEN (100M)

OPEN TRACK & FIELD MEETING
WARRINGTON
SUNDAY 17TH JUNE 1990



SUSAN HARTLEY (80M)



KELLY BELBEN (200M)



SARAH BROWN (70MH)



KELLY WOOD (800M)



HEATHER JACKMAN 200M



SUSAN HARTLEY & SARAH BROWN 800M



VICKY ABBOTT & TRACY CRANE (800M)



















OLYMPIC FUN DAY AT
HEATON PARK.
SATURDAY 23 JUNE 1990

VICKY ABBOTT, SARAH BROWN, SUSAN HARTLEY, KAREN SENIOR & TRACY CAINE WITH THE TRAFFORD TEAM





700 years 1290—1990

The Altrincham Charter Celebration

Altrincham Athletic Club

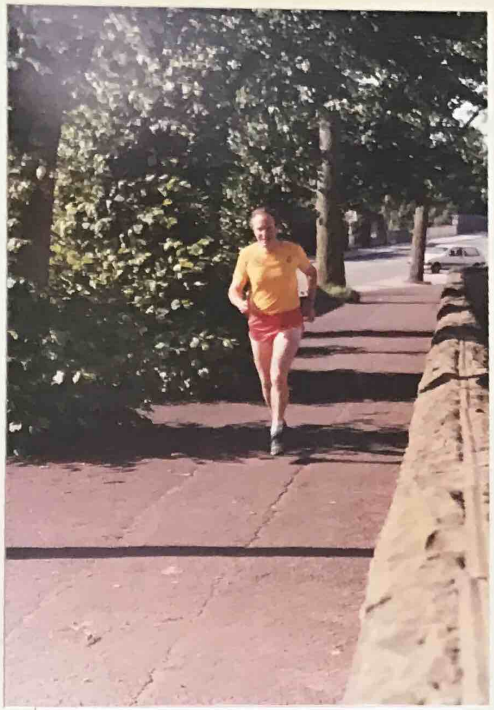
48 Hour Non-Stop Relay Attempting To Cover 700 Kilometres

Amy Waterlow starts the relay off at 6.00 pm Friday 22nd June, handing over to Carolyn Kenyon





FRIDAY : SAM MABON HANDS OVER TO CATHY HALLIWELL



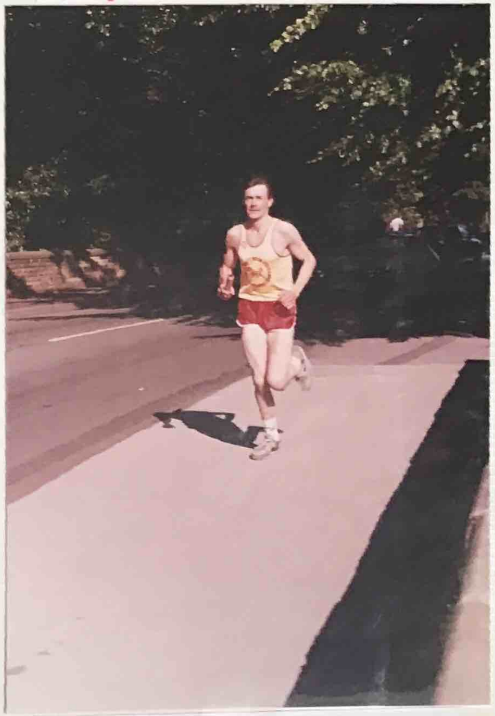
SATURDAY : JOHN CHATTERTON



FRIDAY : CARRIE JENKINS SETS OFF



SATURDAY : MIKE BROOKS



SATURDAY :

The Guardian, Friday, June 29, 1990



ALTRINCHAM and District Athletic Club members completed last weekend's 700km relay five hours ahead of schedule.

The mammoth long distance run, a special celebration for Altrincham's Charter 700 year, was completed 43 hours after 11-year-old Ami Waterlow began the crusade, by the oldest club member Bernard Blow, aged 64, who finished his one and three quarter miles lap in style.

So with five hours to spare, the athletes cruised through a further 27 laps with Altrincham and District Athletic Club president Alan Hardman running the final course at Timperley Track.

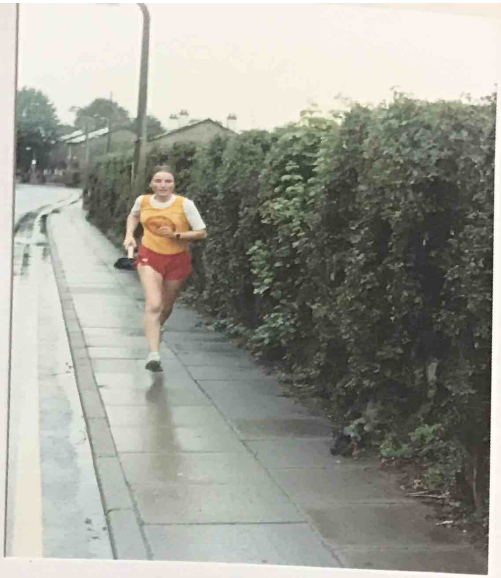
The event, which was started early Friday evening by the Mayor and Mayoress of Trafford, Cllr James Haydock and his daughter, Miss Susan Haydock has been seen as a tremendous success with a number of families involved in the run as well as individuals.

The Mayor and Mayoress of Trafford, Cllr James Haydock, and his daughter, Miss Susan Haydock, are seen at the start of the Charter 700 run with youngster Ami Waterlow ready for the off. Photo NO. CA209-12.





SUNDAY : BERNARD BLOW COMPLETES 700K



SUNDAY : LYNN NICHOL



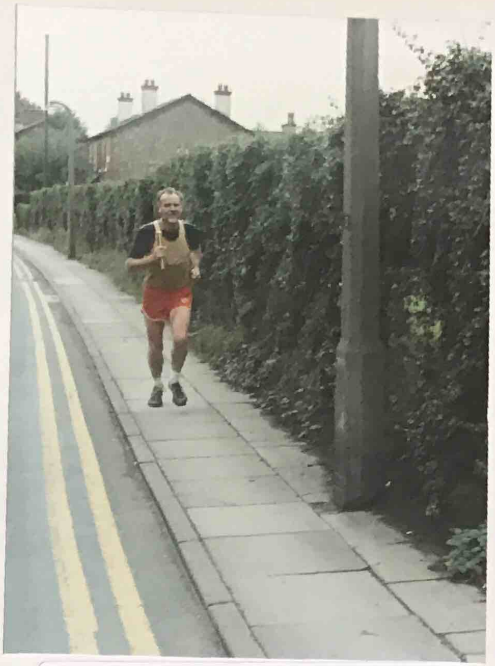
SUNDAY : CATHY HALLIWELL



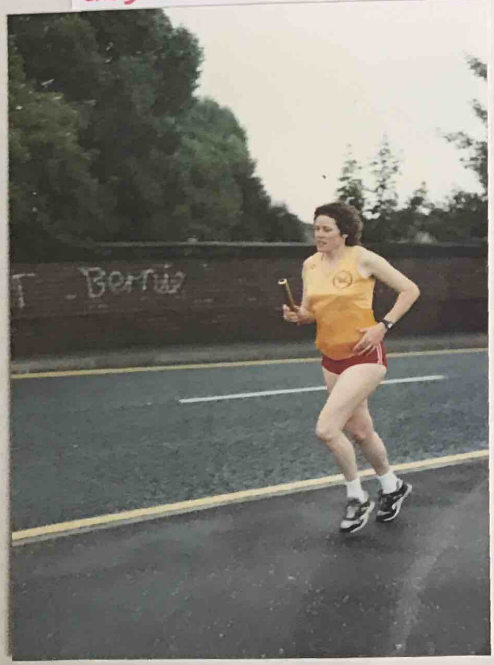
CATHY HALLIWELL & CARRIE JENKINS



CAROLYN KENYON.



ROBERT WHITTAKER



JEAN DOLAN

EXPRESS ADVERTISER, JULY 12, 1990

Athletes just keep on running

ONE hundred members of Altrinchm and District Club took part in a 48-hour non-stop **relay** to celebrate the 700th anniversary of the granting of Altrincham's Charter.

It was hoped to cover at least 700 kilometres during the two days. This represented 256 laps of a 2734 metre course from Timperley Track along Park Road, Moss Lane and Grove Lane.

The relay was a great success, 700 kilometres run altogether. Over 480 miles in 48 hours — more than 10 mph!

The event was started by the Mayor of Trafford at 6 p.m. on Friday evening and those taking part covered the whole age range from 9 year old David Brooks to 64 year old Bernard Blow.

Running continued throughout both nights without a break and club President Alan Hardman, whose original idea the run had been, ran the final lap with a large supporting group and brought the baton home for the last time at 6 p.m. on Sunday evening.

The fastest lap was run by Ben Mabon who covered the course late on Saturday night in 8 mins 9 secs. The most laps were recorded by Alan Barlow who, in three spells, covered 10 laps (17 miles).



BERNARD DOLAN.







CHESHIRE RELAYS
CREWE
26 JUNE 1990.

YOUTHS 4 x 400M
DANIEL WATERFALL
STEVEN GROVE 4TH IN
PETER TSE 3M57.1S
SAM MASON.









MINOR GIRLS 3 x 800M.

'A' TEAM VICKY ABBOTT 4TH IN
CLAIRE DEVANEY 8m 19.0s
AMY WATERLOW

'B' TEAM FIONA DEVANEY 6TH IN
TRACY CAMIE 8m 27.4s
SARAH TUTTY







NORTH WEST WOMENS YOUNG ATHLETES LEAGUE
ROUND 1 BURY 1 JULY 1990



TRACY CAINE (4th 80m 'B')



SARAH TUTTY (2nd 80m 'A')



ANNA HYDE (2nd 150m 'A')

EXPRESS ADVERTISER, JULY 5, 1990

ALTRINCHAM and District Club's girl athletes produced some fine performances at the first round of the North West Young Athletics League at Bury on Sunday.

Carolyn Kenyon's victory in the 1500 metres and Amy Waterlow's second in the minor girls 800 metres were good examples of how the Altrincham girls are improving in middle distance running.

Carolyn held back in second place until 300 metres out when she unleashed an attack which she sustained to the line, finishing in 5 min 21.2 sec.

Amy tried to lead all the way, but just lacked the finishing speed required and was overhauled on the run-in.

Other notable minor girls performances included Sarah Tutty, second in the 80 metres; Claire Demaine, second in the 800 metres B race and Anna Hyde, second in the 150 metres.

Clare Barber won the discus and claimed third places in the shot and 1500 metres B race.

Earlier in the week the minor girls A relay team of Vicky Abbott, Claire Demaine and Amy Waterlow produced a club record of 6 min 19.0 sec. in the 3 x 800 metres at the Cheshire Relays at Crewe.

MINORS GIRLS ACHIEVE 2ND IN GROUP 2



AMY WATERLOW (2nd A) & CLAIRE DEMAINE (2nd B) 800m



SARAH TUTTY BRINGS IN MINORS RELAY TEAM IN 3rd

NORTH WEST YOUNG WOMENS ATHLETICS LEAGUE
ROUND 1 BURY 1 JULY 1990
GIRLS — 4th GROUP II



CAROLYN KENYON WAITS FOR HER MOMENT (1st 'A' 1500m)



CLARE BARBER (3rd 'B' 1500m)



CAROLYN KENYON (4th A)



DIANNA MELLORS (4th A 200m)



SIOBHAN ECCLES (4th A 100m)



DIANNA MELLORS (3rd B)



CAROLYN KENYON TAKES OVER FROM CLARE BARBER

ALTRINCHAM FESTIVAL
'NESCO' TEN MILE ROAD RACE
SUNDAY 8th JULY 1990



ROY WATERLOW

PETE HYDE



KEN BURGESS

HELPERS AT THE SPONGING STATION ON WOOD LANE

VICKY ABBOTT, SUSAS HARTLEY, ANGELA BROCKLEHURST, DIANNA MELLOWS, RICHARD SNAPE

The Messenger Friday, July 20th 1990

Crosby and Pugh keep ADAC crowns

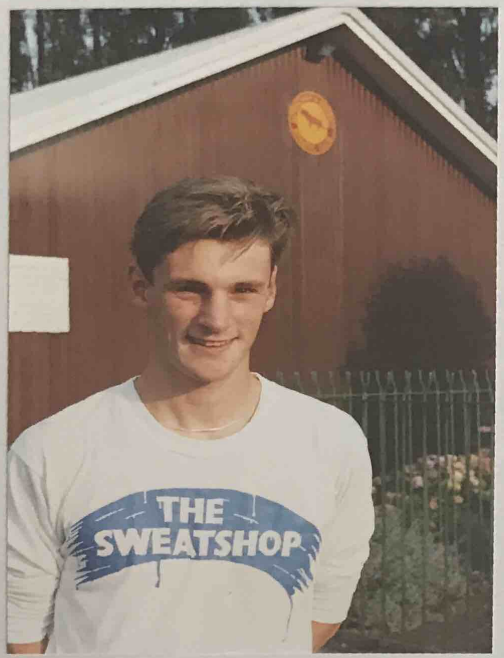
ALTRINCHAM and District Athletic Club held its annual Mile Championships in the blistering heat of last Thursday evening at Timperley Track.

The outcome of the senior ladies and mens races were the same as last year with Ann Pugh and Martin Crosby retaining their titles.

With 13 runners in the girls' race, the attention was focused on the battle at the front between Claire Demaine and Vicky Abbott, both at 11-years old developing into excellent middle distance runners.

Claire, the elder by six months, proved to be the strongest and finished three and a half seconds in front of Vicky in 6.00.20 after a very exciting finish.

Sam Mabon won the youths race and newcomer Aaron Smith led the boys' home.



CHESHIRE RELAYS
HARTFORD

TUESDAY 17th JULY 1990



PRE RACE RELAXATION FOR CATHY, CLARE & CAROLYN

The Messenger Friday, July 27th 1990

Double silver spurs ADAC in Cheshire Relays

TWENTY-ONE athletes, forming seven relay teams, represented Altrincham and District Athletic Club in the Annual Cheshire County Relays at Hartford last week.

The Minor Girls' 'A' team produced a new club record coming third in their 4 x 100m heat but they were unable to repeat their performance in the final.

The Girls team achieved fifth in the 3 x 800m following a disappointing 4 x 100m display but the best was yet to come in the shape of the Youths and Senior Mens' 4 x 800m relays.

Sam Mabon, Daniel Waterfall, Stephen Grove, and James Goodall won the Youths silver medal, while Wayne Rimmer, Phil Nichol, Mike Davies, and Martin Crosby won the Senior Mens' silver, both in very exciting races.

Meanwhile, the club ran the Stan Hailes Trophy meeting at Timperley over the weekend, a meeting consisting of eight events over two days, each competed for on a handicap basis.

The breezy conditions tended to hamper performances somewhat but the large entry enjoyed some fine competition. The overall winner was Chris Walton with 87pts, runner-up for the second successive year was Carolyn Kenyon (82pts), and sharing third with 76pts were Sam Mabon and Jim Rose.



SARAH TUTTY BRINGS THE MINORS 'A' TEAM HOME IN 3rd



A FINE RUN FOR DANIEL IN THE YOUTHS 4X100M



DIANNA LEADS OFF THE GIRLS 4X100M



GIRLS 3 x 800 m.
CATHY HALLIWELL
CLARE BARBER
CAROLYN KENYON





EXPRESS ADVERTISER, JULY 26, 1990

Silver lining for the local relay sports

SILVER medals were the order of the day for Altrincham & District's 4 x 800m youths and senior relay teams at the Cheshire County Track Relays held at Hartford last week.

Both teams had excellent lead runners with Sam Mabon giving his supporting youths' team of Daniel Waterfall, Stephen Grove and James Goodhall a tremendous boost as he pulled through into second place on his first lap.

Wayne Rimmer did likewise for the Senior Team and the job was completed by team mates Phil Nichol, Mike Davies and Martin Crosby.

Over the weekend the Club ran its annual Stan Hales Handicap Octathlon, a competition with eight events spread over the weekend and open to all Club members.

Vet. Chris Walton proved too good for Handicapper Barry Chapman edging through on the second day to win with 87pts, with u-15 Girl Carolyn Kenyon second with 82pts and equal with 76pts and sharing 3rd place were Sam Mabon, a youth, and Jim Rose (senior).

On Wednesday last week Altrincham & District Athletic Club members competed in the Northern Veterans Track and Field League match at Bolton.

Before the meeting started Altrincham's men's over-40 team were top of the league and throughout the match they consolidated their number one position with four wins out of a possible eight in the individual events.

Alan Barlow won the 1,500m in 4 min 41 sec followed by Vic Heaney in 5th place in 4 min 50 sec.

Barry Chapman won the over-40's discus with a throw of 24.60m and also won with the long jump and shot putt.

Bob Brown ran strongly to take 2nd place in the over-40's 200m, just missing out of 1st place by a couple of strides.

Jean Jones came 2nd in the woman's over-35 1,500m with a steady run.

Altrincham's over-40's men also lead the separate relay championship table after their fine win in the 4 x 200m race in the first match.

On Wednesday they clinched the competition when the team of John Carter, Bob Brown, Vic Heaney and Barry Chapman took 2nd place in the 4 x 400m, beaten only by a composite team made up from four other clubs.

The final veterans league match on 22nd August should see Altrincham win the over-40's mens title in this the first year of the competition.



SAM PLAYS SAFE AS YOUTHS 4x800m RETURNER



JAMES GOODALL WITH ONE LAP TO SILVER.

STAN HAILES HANDICAP
21st/22nd July 1990



SAM MABON



MARTIN ABBOTT



DANIEL WATERFALL



HEATHER JACKMAN



JAMES GOODALL



CHRIS WALTON



BARRY CHAPMAN



COMPETITORS & HELPERS



WINNER 1990: CHRIS WALTON

NORTH WEST WOMENS YOUNG ATHLETES LEAGUE

ROUND 2 BURY 29 JULY 1990



KAREN SENIOR (6A)



TRACY CAINE (5B)



SUSAN HARTLEY (4A 80m)



KAREN SENIOR (2B 80m)



SARAH TUTTY (2B 150m)



SUPERB RUNS FOR TRACY CAINE (3A) AND VICKY ABBOTT (1B) IN THE MINOR GIRLS 800M

EXPRESS ADVERTISER, AUGUST 2, 1990

GIRLS SHINE

Once again the young ladies of the club have shown how good they are in middle distance running.

At the second round of the North West Womens Young Athletes League held at Bury last Sunday, Carolyn Kenyon won the 800 metres A race with Cathy Halliwell second in the B race.

In the minor girls 800 metres Tracy Caine, rapidly improving in confidence, came 3rd in the A race in 2 min 39.4 secs and Vicky Abbott, delaying the start of her holiday to run, won the B race in 2 min 39.6 sec.

Normally one for sprints and long jump Dianne Mellows forsook the latter in favour of the 1500 metres and was rewarded with third place in the A race, promptly following this up with her second fastest 200 metres of the season.

The performance of the day came almost at the end of the competition, when the minor girls 4 x 100 metre relay squad of Karen Senior, Susan Hartley, Heather Jackman and Sarah Tutty went "sub 60" for the first time, recording a club record in finishing second in 59.5 seconds.





CAROLYN KENYON 1A & CATHY HALLIWELL (2B) IN THE 800M



'LONE INTER' CHERIE JENKINS (4A IN 100M)



CAROLYN KENYON (2B)



OUR MINOR GIRLS FIRST 'SUB 60' 4x100m RELAY - SECOND PLACE IN 59.5s



CAROLINE HARLEY(P) STANDS IN ON GIRLS 4x100m RELAY - HANDING OVER TO DIANNA MELLOWS

CHESHIRE TRACK & FIELD
LEAGUE ROUND 3
BURY 5 AUG 1990

UNDER ELEVENS



ANGELA BROCKLEHURST (2A 100m)



TINA THIRWELL (1B 100m)



MARK BRUMBY (5B 100m)



ANGELA BROCKLEHURST (1st 80m)



TINA THIRWELL & ANNA KENYON (5th & 6th 80m)



ANNA TAKES BATON FROM TINA IN MIXED 4x100m (2nd)

MINOR GIRLS



HEATHER JACKMAN (2A 100m)



KAREN SENIOR (5B 100m)

EXPRESS ADVERTISER, AUGUST 9, 1990

Girls run old one-two

IT WAS ladies day for Altrincham and District Athletic Club on Sunday at the third round meeting of the Cheshire Track and Field League held at Bury.

Under 11 Angela Brocklehurst had a comfortable win in the 800 metres where minor girls Vicky Abbot and Tracy Caine, who did so well on the track only the week before, repeated their performance with a fine one/two in the 'A' race, recording 2m 24.1s and 2.42.3 respectively.

Not to be outdone, Amy Waterlow, Sarah Thirwell and non counter Susan Hartley took a stranglehold on the 'B' race with take the first three places, with Amy recording 2m 44.5s.

Setting down into her newly adopted distance of 1500m, Carolyn Kenyon ran her best time of the year of 5m 20.8s to win the girls race followed in by Cathy Halliwell in fourth and Dianna Mellows in fifth.

Jayne Spark ran a superb 1500 metres for the senior ladies, winning in 4m 36.1s.

For the second time in eight days, the minor girls set a club relay record, finishing second to Bury in the 4 x 200m in a fine time of 2m 07.4s.



SUSAN HARTLEY (1C 100m)



800m B RACE START.



TRACY CAINE (2A) & VICKY ABBOTT (1A) 800m



AMY WATERLOW (1B 800m)



SARAH THIRWELL (2B 800m)





WATCH THOSE FEET TRACY !





MINOR GIRLS 4 x 200m RELAY
'A TEAM'

KARGN SENIOR — SUSAN HARTLEY
HEATHER JACKMAN — VICKY ABBOTT
2ND IN NEW CLUB RECORD TIME OF 2m 07.4s

MINOR GIRLS 4 x 200m RELAY
'B TEAM'

JENNY BIESTY — TRACY CAINE
AMY WATERLOW — SARAH THIRWELL.
4TH — 2m 16.7s



KEVIN BELBEN (6A IN 200m)



GIRLS 1500m
CAROLYN KENYON 1st
CATHY HALLIWELL 4th
DIANNA MELOWS 5th



SAM MABON (8th) & STEVE GROVE (10th) IN 800m



CHESHIRE TRACK & FIELD LEAGUE
ROUND 3 BURY 5TH AUG 1990
LADIES TEAM IN ACTION



JAYNE SPARK 1st 1500m



JEAN JONES 6th & GAY FREEMAN 7th IN 1500m.



GAY FREEMAN 6A IN DISCUS



SUE BEABEN 3S IN DISCUS



LADIES RELAY
4 x 200m
JAYNE SPARK
CARRIE JENKINS
JEAN JONES
GAY FREEMAN
5TH.



The Messenger, Friday, August 24th, 1990 Page 17

Rudd runs season's best as ADAC show up well at Saddleworth

ON a cool, blustery evening at Saddleworth last Wednesday there were some sparkling performances from ADAC runners in the annual Frank Hodson 6 Mile Road Race.

In a field of 350, Dave Rudd had his best run of the season, finishing just out of the prizes in 10th position, recording 31.11.

Two of the clubs over 40 veterans did pick up prizes, however, in high-class competition, when Neil Price and Stuart Grace finished 4th and 5th in their categories.

Further down the field Ken Burgess and Paul Veasey had excellent runs, considering they are in the midst of an arduous, high-mileage build-up for the Snowdonia Marathon in October.

Alan Rydout also consolidated his improvement since the New Year with a personal best on the undulating circuit, while in the over 50's category evergreen Bob Whitaker recorded another personal best of 48.18, edging out club mate Stan Shuttleton in a sprint finish.

Meanwhile, with only two athletics available due to the holidays, ADAC pulled some good performances out of the hat at the final Sunday Open meeting hosted by Stretford A.C. last Sunday.

Athletes of the day was Junior Goodall who held off Sale's Ian Maher in the Boys 800m to win in a fine time of 2.09.7, giving Altrincham one of its two victories.

The second went to Martin Abbott who won the Boys discus with his best throw.

Second places were achieved by Sarah Tutty in the Minor Girls 200m, Dianna Mellows in the Girls 1500m, Kevin Bolton in the Boys 1500m and to Peter Hickey in the Senior Men's 800m.

Third places were gained by Kevin Bolton in the Boys 800m, Kerrie Sedlow in the Boys 1500m and Peter Hickey in the Senior Men's 1500m.

Fourth places were achieved by Sarah Tutty in the Minor Girls 100m, Dianna Mellows in the Girls 800m, Darren Hall-Jones in the Boys 1500m and Peter Hickey in the Senior Men's 800m.

Numerous 5th, 6th and 7th places were also gained by ADAC athletes, putting creditable third placed in the boys 100m and 200m sprints.



Action involving Sale Harriers and ADAC juniors from the Stretford AC Open Meeting at Longford Park on Sunday - see top of the page for details.



JAMES GOODALL 800m



RICKY ABBOTT 800m



KEVIN BOLTON 1500m



DIANNA MELLOWS 1500m



BEN GOODMAN 200m



SARAH TUTTY 200m

EXPRESS ADVERTISER, AUGUST 23, 1990

Quality showing

MANY track and field athletes away on holiday the attendance at last Sunday's Open Meeting at Stretford was well down on previous meetings but the quality of the performances was good.

Fielding only ten athletes Altrincham and District Athletic Club came away with two firsts, four seconds and four thirds in an afternoon blessed with rain and sunshine.

The best result of the day was undoubtedly James Goodall's victory in the boys 800m in a time of 2m 09.7s.

With Ian Maher of Sale Harriers on his right shoulder throughout the race, James waited until the last 100m to lay on the pressure beating Ian to the line by a fraction of a second.

Altrincham AC's other victory went to Martin Abbott in the Boys Discus with a personal best throw.

Second places went to Sarah Tutty in the Minor Girls 200m, to Dianna Mellows in the Girls 1500m, Kevin Bolton in the Boys 1500m and to Peter Hickey in the Senior Men's 800m.

STRETFORD OPEN MEETING 19 AUGUST 1990

Warrington Athletic Club

presents

the

6th Annual Mini-Meeting

sponsored by

MONK CONSTRUCTION LTD
(NORTHERN DIVISION)

Victoria Park, Warrington

Saturday 25th August 1990



JENNY BIESTY 70mH



SARAH BIESTY 80m



TRACY CAINE 100m



TRACY CAINE 800m



JENNY BIESTY 100m



CLAIRE DEMAINE 1500m



FIONA DEMAINE 1500m

EXPRESS ADVERTISER, AUGUST 30, 1990

HAPPY HOLS

ALTRINCHAM and District Athletic Club's eleven year old rising star Tracy Caine returned from holiday last Friday night to run in Warrington AC's mini meeting for U11 and U13 athletes, and came away with personal best performances in the 100 and 200 metres.

Jenny Biesty, also just back from holiday, recorded her best time in the 70m hurdles but honours went to Claire Demaine with a magnificent third place in the minor girls 1500m, just behind V. Robinson of Macclesfield and Jade Pollard of Sale.

Claire's time of 5m 35.7 was her best ever and won her her first trophy over this distance. Her twin sister Fiona gained fourth place just 3.1 seconds behind Claire in her first ever 1500m.





CLAIRE DEMAINE TAKES HER BOW



KARON SENIOR



ANNA HYDE



SARAH TUTTY 150m



TRACY CAINE 150m.



TRACY CAINE & VICKY ABBOTT 800m

NORTH WEST WOMENS
YOUNG ATHLETES LEAGUE
ROUND 3 BURY 2 OCT 1990



VICKY ABBOTT 4x100



CAROLYN KENYON

EXPRESS ADVERTISER, SEPTEMBER 6, 1990

• ALTRINCHAM and District Athletics Club's young ladies failed to sparkle at the final round of the North West Womens Young Athletes League but still produced a good all-round result.

• In the minor girls competition, Tracy Caine won the 800 metres B race in 2 min 41.9 with Vicky Abbott recording 2 min 41.0 to claim fourth place in the A race.

• Karen Senior and Anna Hyde were second in the A and B long jump and Sarah Tuttywas second in the 150 metres A race. Their relay team of Karen, Susan Hartley, Vicky and Sarah came third.

• In the girls competition, Carolyn Kenyon ran her fastest 1500 metres in the league and took second in the B long jump and third in the A shot putt.

• Cathy Halliwell achieved third in the 800 metre A race, second in the A long jump and third in the A high jump.



CAROLINE HARTLEY 200m



CAROLYN KENYON 1500m



CATHY HALLIWELL 800m



ANGELA BROCKLEHURST



TINA THIRWELL
& ANNA LEAYOH



HEATHER JACKMAN (2004)

CHESHIRE
LEAGUE.

ROUND 4
BEBINGTON

9 SEPT 1990



SARAH TUTTY (200-)



ANNA HYDE (200-)

EXPRESS ADVERTISER, SEPTEMBER 13, 1990

Sarah, James the stars

SARAH Tutty and James Goodall shared the honours when Altrincham and District Athletic Club travelled to Bebington on the Wirral for the fourth round of the Cheshire Track and Field League.

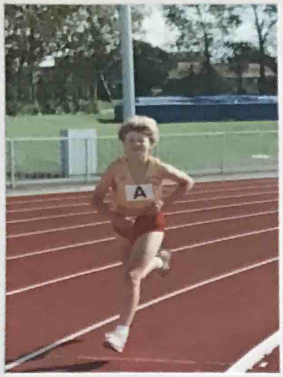
Sarah, in the Minor Girls High Jump, made a splended clearance over 1m 36cm giving her victory and a personal best.

James, arriving late after playing in a football match in the morning, had little time to prepare for the U15 Boys 800m but ran a superb tactical race winning by 2.3 second in 2m 11.5s.

Altrincham's middle distance Minor girls once again stamped their authority on the 800 metres, with Tracy Caine third and Vicky Abbott fourth in the A race, Amy Waterlow first and Fiona Demaine second in the B race and Sarah Thirwell first, Karen Senior second and Susan Hartley third in the non counting race.

Under eleven girls Angela Brocklehurst and Tina Thirwell won their 100 metre races in personal best times of 15.3 and 16.6 seconds.

New member Ben Goodman breathed life into the Under 15 Boys team with a fine second in the 100 metres in 12.5 seconds and third in the High jump with a leap of 1m 43cm.



ANGELA BROCKLEHURST



TRACY CAINE & VICKY ABBOTT 800m





AMY WATERLOW & FIONA DOMAINE 800m





NON COUNTING 800M
SARAH THIRLWELL,
KAREN SENIOR,
SUSAN HANTHEY

CHESHIRE LEAGUE

ROUND 4

BEBINGTON

9 SEPT 1990



CLARE BARBER (800m)



CAROLYN KENYON (800m)



JAMES GODBALL (800m)



JIM ROSE (1500m)



BEN GODMAN (4x200)



HEATHER JACKMAN & SARAH TUPPY (4x100)



AMY WATERLOW & RACHEL PEARCE FIONA JERMAINE & VICKY PRIDGETT NOW COUNTING 4x100

SPORTSHALL LEAGUE
1989/90
ROUND 1 BEBINGTON 15/10/89

EXPRESS ADVERTISER, OCTOBER 19, 1989

BOYS SHOW THEIR CLASS

ALTRINCHAM and District Athletics Club's under 15 boys showed their class on Sunday storming to victory in the Adidas North West Sporthall League first round.

The winning team of Daniel Waterfall, Steve Grove, Sam Mabon and Richard Williams won the six lap race, triple and long jumps and 4 x 2 lap race at the Wirrall.

They fininshed with 104 points — only four short of maximum.

ALTRINCHAM AND SALE GUARDIAN, Thursday, October 19, 1989

Clean sweep

ALTRINCHAM Athletic Club's U15 boys almost achieved a clean sweep at the first round meeting of the Adidas North West Sportshall League at Bebington onSunday.

● Scoring 104 points out of a maximum of 108, Daniel Waterfall, Steve Grove, Richard Williams and Sam Mabon reaped seven firsts and four seconds.

● Also showing their skills, the U11 girls' secured second place behind home team Wirral. The relay squad of Claire Demaine, Vicky Abbott, Fiona Demaine and Sarah Brown, came a fine second.

SARAH TUTTY



CATHY HALLWELL



STEVE GROVE



SPORTSHALL LEAGUE
1989/90
ROUND 2 FRODSHAM 5/11/89
ROUND 3 NANTWICH

EXPRESS ADVERTISER, NOVEMBER 9, 1989

Karen — athletic club's rising star

Altrincham Athletic Club's young athletes travelled to Frodsham last week for the second round of the Adidas North West Sportshall League.

After a shaky start, the U11s girls team produced some excellent results.

Rising star Karen Senior won the standing long jump and Vicky Abbott led the 4x2 lap relay team to a convincing victory.

At the end of the day they came out joint leaders with Warrington and are now moving up the top third of the league.

Altrincham's other teams, the U13 and U15 girls and U13s and U15s boys all produced good results, but were outclassed on this occasion by Warrington and Frodsham.

ALTRINCHAM AND SALE GUARDIAN, Thursday, November 9, 1989

Sport 4

●LAST week Altrincham Athletic Club's young athletes travelled to Frodsham for the second round of the Adidas North West Sportshall League.

● Fielding five teams in all against tough opposition the youngsters stood up to the test.

● However, only the U11 girls' team took honours, sharing victory with Warrington.

● Karen Senior won the standing long jump and, together with team-mates Claire and Fiona Demaine and Vicky Abbott, won the 4 x 2 lap relay.

KELLY WOOD





CAROLYN KENYON

KAREN SENIOR



ALTRINCHAM AND SALE GUARDIAN, Thursday, November 30, 1989

Sport 4

We're the TOPS !

ALTRINCHAM and District Athletic Club's young athletes travelled to Nantwich last Sunday for the third round of the Adidas North West Sportshall League. Both the U11 girls' team and the U15 boys' team came out clear winners with the U13 boys a fine second.

Winners on the day were Fiona Demaine in the U11 girls B two lap race, Vicky Abbott and Claire Demaine in the A and B four lap race and the U11 girls' relay team of Karen Senior, Fiona Demaine, Sarah Brown and Vicky Abbott.

In the U15 boys' competition, Daniel Waterfall won the B two lap and B six lap races, Sam Mabon won the B high jump and B long jump, Steve Grove won the A high jump with a personal best indoor jump of 1m 50cm, and Max Pachl won the B shot put. The four lads also went on to win the 4 x 2 lap relay.

New recruits Peter Brumby and Amy Waterlow performed well, gaining second places in their two lap races in the U11 boys' and U13 girls' competitions and Laura Hancock improved to 7m97cm in the U15 girls' shot put to gain second place.

So successful are the teams becoming that the junior section is attracting new members and growing fast. So much so that coach John Snape is looking outside the club for assistance and needs someone willing to commit themselves regularly, especially on Tuesday evenings at Timperley track. Anyone interest should contact him on 980 6789.

EXPRESS ADVERTISER, NOVEMBER 30, 1989

At their best

ALTRINCHAM Athletic Club's young athletes prouced their best overall performances of the season at the third round match of the Adidas North West Sportshall League at Nantwich on Sunday.

The U11 girls and U15 boys came out clear winners with the U13 boys a fine second.

In the U11 girls competition, Karen Senior came second in the A2 lap and second in the standing long jump.

In the U15s Boys competition, Daniel Waterfall won the B2 lap and B6 lap and came second in the A shot putt . Sam Mabon was second in the A6 lap and first in the B high jump and B long jump. Steve Grove won the A high jump with a personal best of 1m50 and Max Pachl won the B shot. These four lads also won the 4 x 2 lap relay.

In the other age groups, newcomers Peter Brumby and Amy Waterloo gained seconds in the A2 lap races in the U11s boys and U13 girls competitions and Martin Abbott showed a big improvement in his 2 lap and 6 lap races, gaining second in both.

EXPRESS ADVERTISER, JANUARY 25, 1990

Youth has its fling. . .

THIRTY FIVE young athletes from Altrincham and District Club took Macclesfield Sports Centre by storm on Saturday when they contested the Adidas North West Sportshall League (round four).

The under 11 girls and under 15 boys teams again showed their unbeatable form, each dropping only two points in their respective competitions. Second places were recorded by the under 11 boys, under 13 girls and under 15 girls, while the under 13 boys achieved third.

Although unable to win his high hump competition, Steve Grove's personal best of 1m 65 was undoubtedly the highlight of the day for the team.

Victories were achieved by Karen Senior in an under 11 girls two lap race, Claire Demaine and Vicky Abbott in the A and B four lap, Anna Hyde and Allson Brown in the under 13 girls A and B standing long jump and standing vertical jump, Sam Mobon in the A two lap and six lap U15 boys races, Steve Grove in the B two lap and Richard Williams in the B six lap races and Max Pachi in the U15 boys shot.

The uner 11 girls relay team also proved unchallenge with Karen Senior, Claire and Fiona Demaine and Vicky Abbott achieving a runaway victory, but the under 15 boys had to fight hard for victory.

With Sam Mobon taking over the final leg with a deficit of four metres he turned into overdrive and stormed through to claim victory by a whisper.

GREATER MANCHESTER SPORTSHALL CHAMPIONSHIPS FOR GIRLS
ECCLES SPORTS CENTRE 11/2/90



KAREN SENIOR SILVER IN 1LAP SPRINT



CATHY HALLWELL IN GIRLS SHOT



KELLY HOOD IN 4LAP



EXPRESS ADVERTISER, FEBRUARY 15, 1990

RELAY GIRLS TRIUMPH

A CONTINGENT of 18 girls from Altrincham and District Athletic Club collected a respectable tally of medals at the Greater Manchester County Womens Sportshall Championships at Eccles Leisure Centre on Sunday.

The unassailable Under 11 relay team of Karen Senior, Sarah Brown, Fiona Demaine and Vicky Abbott won the 4 x 1 lap in convincing style, while Karen also collected silver in the one lap race and the standing long jump; Sarah silver in the standing vertical jump, with a personal best of 48 cms; Fiona bronze in the one lap race and Vicky bronze in the three-lap time trial.

Also achieving a personal best in the vertical jump, Anna Hyde collected gold in the under 13 competiton with 57 cms and then went on to collect bronze in the long jump. Team-mate Clare Barber ran her six lap time trial heat to win it easily without any real competition to pick up the bronze medal for an overall third place.

Altrincham's Under 15 girls found the competition a little too fierce and Laura Hancock won their sole medal, a bronze in the shot putt.

Nex Sunday Vicky Abbott and Claire and Fiona Demaine will be representing Cheshire in the Under 11 Representative Sportshall Championships to be held at Aston Villa.



LAURA HANCOCK



KAREN SENIOR

VICKY ABBOTT

FIONA DEMAINE

SARAH BROWN

The Guardian Thursday March 1, 1990

Sport 4

Anna's jumping for joy

AT their fifth and final round of the Adidas North West Sportshall League, held at Netherley, Liverpool, Altrincham and District Athletic Club's minor girl, Anna Hyde, stole the show with two personal best leaps.

Ranked second equal in the league with 55cm after four meetings, her 61cm last Sunday makes her the clear leader in the vertical jump rankings, and her long jump of 2.18m puts her into the rankings for the first time.

The U11 girls and the U15 boys made sure of their places in the finals. Second on the day to Liverpool, the magnificent U11's girls will be travelling to Leasowe on the Wirral to battle it out with the other top five clubs in the league on March 31st.

The U15 boys also fell to Liverpool, but by only one point and will be making their way to the finals at Stretford on March 18th.

ADIDAS NORTH WEST SPORTSHALL LEAGUE

5TH ROUND NETHERLEY

25 FEB 1990



U11 GIRLS TEAM

MANCHESTER EVENING NEWS

Soaring Anna!

ALTRINCHAM AC youngsters put on a good showing in the Adidas North West Sportshall League at Netherley, Liverpool.

The Altrincham teams are looking to secure places in the finals on March 31 and their under-15 boys team look safe as they lie in second place.

Their outstanding performers in a solid team display were Sam Mabon who won the six lap A race and Steve Grove, winner of the high jump with a leap of 1.61m.

Also in good form was Anna Hyde who soared to the top of the North West rankings at under-13 level with a huge 61cm in the vertical jump.

And her 2.18m in the long jump puts her in the rankings for the event for the first time.



U15 BOYS TEAM - 1

EXPRESS ADVERTISER, MARCH 1, 1990

Meanwhile at the final meeting of the Adidas North West Sportshall League held at Netherly, Liverpool, last Sunday, a smaller than expected contingent of 31 athletes from Altrincham and District Club experienced one of their toughest matches this season.

In fourth place in the league, the under 11 girls needed to do well against Liverpool (2nd) and Pilkingtons (3rd) to secure a place in the finals to be held at Leasowe on March 31.

All 12 girls gave their best, with excellent performances from Jenny Biesty and Karen Senior in the standing long jump with 1.96m and 1.97m respectively, and Vicky Abbott, first in the 4 lap B race, securing second place in the match with 78 points, five points behind Liverpool and two ahead of Pilkingtons.

Strength

The under 15 boys, meanwhile, a comfortable second in the league, made good use of the strong opposition to prove their overall strength, coming out second in the match with 97 points, just one point behind Liverpool, to guarantee them a place in their finals at Stretford on March 18.

Outstanding performers were Sam Mabon, winner of the 6 lap A race and Steve Grove, who won the high jump with 1.61m.

Under 13 minor girl Anna Hyde, recovered from her injury at Rickmansworth the previous week, had good reason to celebrate, with two personal best jumps.

Her 61cm in the vertical jump catapults her to the top of the North West rankings and her leap of 2.18m in the long jump puts her into the rankings for that event for the first time.

EXPRESS ADVERTISER, MARCH 15, 1990

Local athletes are dominating G.M. selection

ALTRINCHAM and District ACS U-15 boys confirmed their position as one of the best teams in the area when they came out clear victors in the Greater Manchester and South Lancashire Sportshall Athletics Championships for boys held at Stockport last Sunday.

All six team membrs have been selected to represent Greater Manchester County at the North West Reginal Sportshall Championships, to be held at Altrincham Sports Centre on April 8, as part of the Altrincham 700 celebrations.

Individual winner on the day was Altrincham's Steve Gore with gold medals in the four lap race and the standing long jump.

He also won gold in the overall penthathlon competition and also for his part in the winning penthalon team, together with Sam Mabon and Daniel Waterfall.

Richard Williams was unlucky not to win the bounce but his score of 76 in 30 seconds put him a very close second.

Edward Clanays performance secured his place in the team as a reserve, and together with two athletes from Stockport they makde up the Greater Manchester team.

Not to be outdone, in the U11 competition Richard Hyde won gold in the two lap and four lap races and bronze in the triple jump.

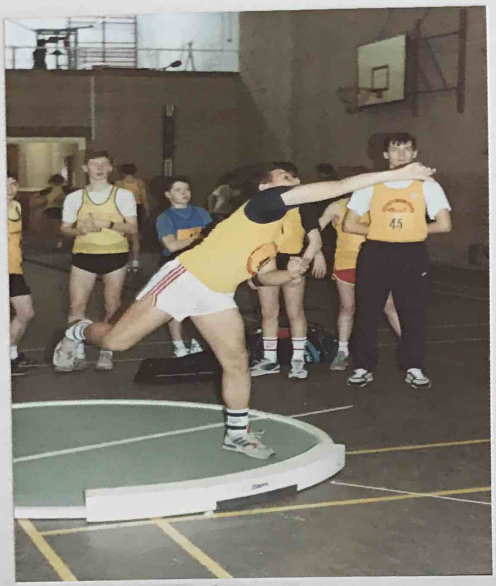
U13 Martin Abbott, although unable to collect a medal on the day, produced a pesonal best performance in the shot put, to put him in fourth place.



STEVE GROVE



SAM MABON



MAX PACHL



SAM MABON



RICHARD WILLIAMS

GREATER MANCHESTER
& SOUTH LANCASHIRE
SPORTS HALL CHAMPIONSHIPS
STOCKPORT 11 MARCH 1990



RICHARD HYDE

The Guardian Thursday March 15, 1990

SUCCESS!

ALTRINCHAM talent will be well represented at the North West Regional Sportshall Championships to be held at Altrincham Leisure on Sunday, April 8th, as part of the Altrincham 700 celebrations.

All six of Altrincham and District AC's U15 boys' team have won their way through to the Greater Manchester team following their success at the Greater Manchester and South Lancashire Sportshall Athletics Championships for boys, held at Stockport last Sunday.

Steve Grove came out winner of the Individual Pentathlon and, together with Sam Mabon and Daniel Waterfall, collected a team gold medal. He also won gold in the four lap race and the standing long jump.

Richard Williams came close to victory in the bounce with a score of 76 in 30 seconds but Max Pachl made sure of gold in the shot put with a throw of 9m 80cm. Edward Clancy did enough to secure him a reserve place in the Manchester team.

Meanwhile in the U11 competition, Richard Hyde collected gold in the two lap and four lap races and bronze in the triple jump, and in the U13's, Martin Abbott secured a personal best in the shot put.



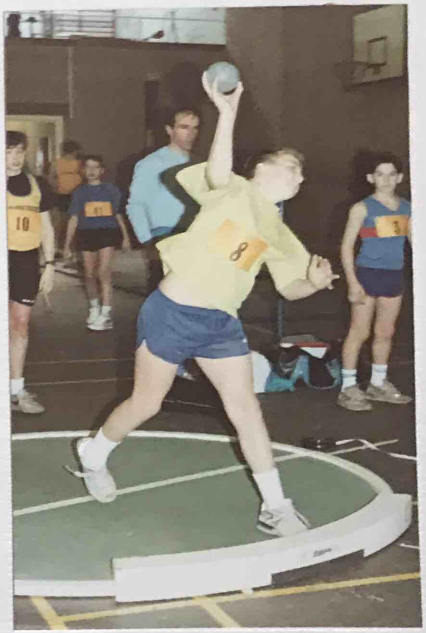
STEVE, DANIEL, SAM
EDWARD RICHARD MAX



STEVE GROVE



EDWARD CLANCY



MARTIN ABBOTT.

adidas ADIDAS

NORTH WEST SPORTSHALL ATHLETICS LEAGUE CHAMPIONSHIPS AT STRETFORD, SUNDAY, 18TH MARCH, 1990

The leading Clubs from the Adidas North West Sportshall Athletic Leauges in which 31 girls teams and 22 boys teams have competed in 27 fixtures during the season met at Stretford to find the Adidas N.W. – Club Champions. The standard was exceptionally high amongst the 250 qualifiers and there was excellent entertainment for a large and enthusiastic crowd.

Adidas see Sportshall Athletics as a vital contribution to broadening the base of the athletics pyramid so that the peak from which British Athletics is benefitting is pushed higher and higher. When it is considered that at several fixtures over 100 children took part in shot putting and over 150 competed in the jumps the claim is certainly well founded. Even more important the competitors from the Clubs are becoming friends and look forward to meeting at the various fixtures which will encourage them to stay in the sport.

Two new league records were achieved, Bethen Griffith of Colwyn Bay cleared 2.51 metres in the girls long jump and Scott Barclay of Macclesfield reached 7.69 in the colts standing triple.

The league spread over four Counties and apart from the Under 15 boys where the Cheshire domination was only broken by the Altrincham parlaaf pair and Tony Middleton of Deeside in the high jump, the inter-counties titles for this Region are wide open.

The Regional Inter-County Championships will be held at Altrincham on 8th April but it must be remembered that Cumbria who last year had two teams reach the National Finals are also involved.

The awards were presented by Paul Atherton and Maggie Ellis of Adidas and by Martin Gillingham of Athletics Weekly who had travelled up specially from Peterborough to witness the event.

MINORS (UNDER 13)

2 LAP

1. J Mahoney	Wirral	24.4
2. S Kittilas	Pilks.	24.7
3. h. Orange	Liverpool	24.7

4 LAP

1. Z Isom	Leigh	53.6
2. K. Bell	Liverpool	54.1
3. L Matthews	S'port/Wat.	54.7

6 LAP

1. J Lang	Blackley	1.27.3
2. H. Allison	Wirral	1.28.7
3. V Bushell	Pilks.	1.29.3

8 LAP PARLAAF

1. Blackley	1.51.2
2. Wirral	1.51.5
3. Pilkingtons	1.51.8

4 × 2 LAP RELAY

1. Liverpool	1.41.0
2. Pilkington	1.41.7
3. Wirral	1.42.2

STANDING LONG JUMP

1. N. Gutheil	Frodsham	2.22
2. S. Colton	Leigh	2.19
3. S. Colton	Colwyn Bay	2.18

VERTICAL JUMP

1. A. Hyde	Altrincham	55cm
2. S. Colton	Colwyn Bay	55cm
3. J. Clotworthy	Frodsham	54cm

SHOT

1. S. Simpson	Halton	8.63
2. A. Greenall	Pilks	7.52
3. J. Clotworthy	Frodsham	7.49

TEAMS

1. Pilkington	70 points
2. Wirral	60 points
3. Liverpool	53 points
4. Frodsham	51 points
=5. Southport/Waterloo	42 points
=5. Leigh	52 points
7. Colwyn Bay	34 points
8. Blackley	30 points

COLTS (UNDER 13)

2 LAP

1. S. Barclay	Masc.	23.3
2. G. Breeze	Crewe	23.6
3. M. Lord	Crewe	23.8

4 LAP

1. S. Walker	Crewe	52.1
2. A. Wilkinson	S'port/Wat.	53.4
3. G. Wood	Warrington	54.0

6 LAP

1. J. Wells	Manchester	1.23.6
2. S. Lockwood	Masc.	1.26.7
3. S. Lamb	Warrington	1.27.3

8 LAP PARLAAF

1. Warrington	1.46.5
2. Crewe & Nantwich	1.47.0
3. Liverpool	1.48.7

4 × 2 LAP RELAY

1. Crewe & Nantwich	1.36.8
2. Warrington	1.40.8
3. Macclesfield	1.41.9

STANDING LONG JUMP

1. S. Barclay	Masc.	2.58
2. C. Burnham	Liverpool	2.33
3. J. Irvine	Wirral	2.32

STANDING TRIPLE JUMP

1. S. Barclay	Masc.	7.69
2. J. Irvine	Wirral	7.26
3. D. Shepherd	Crewe	7.03

SHOT

1. R. Robinson	Liverpool	8.52
2. D. Shepherd	Crewe	8.34
3. M. Smith	Warrington	8.04

TEAMS

1. Crewe & Nantwich	113 points
2. Warrington	79 points
3. Macclesfield	44 points
4. Liverpool	33 points
5. Southport/Waterloo	31 points
6. Wirral	

GIRLS (UNDER 15)

2 LAP

1. S Cocker	Wirral	23.4
2. B. Griffith	Colwyn Bay	23.7
3. A. Kenney	Wirral	24.3

4 LAP

1. E. Thurston	Warrington	52.7
2. M. Caffery	Wirral	53.7
3. C. Taylor	Stretford	54.1

6 LAP

1. A. Rowbotham	Colwyn Bay	1.25.6
2. S. Hughes	Wirral	1.26.0
3. C. Edwards	Wrexham	1.26.8

8 LAP PARLAAF

1. Warrington/Waterloo	1.47.3
2. Wirral	1.47.4
3. Wrexham	1.47.7

4 × 2 LAP RELAY

1. Wirral	1.39.1
2. Wrexham	1.41.1
3. Stretford	1.41.8

STANDING LONG JUMP

1. B. Griffiths	Colwyn Bay	2.51
2. A. Park	Stretford	2.40
3. A. Hurst	Leigh	2.34

VERTICAL JUMP

1. S. Onabanjo	Stretford	65
2. C. Adu	Liverpool	65
3. B. Griffiths	Colwyn Bay	63

HIGH JUMP (10 MTR TAKE OFF)

1. S. Flice	Wrexham	1.58
2. J. Lowe	Stockport	1.45
=3. E. Dedut	Stretford	1.40
=3. C. Adu	Liverpool	1.40

SHOT

1. S. Flice	Wrexham	10.34
2. J. Edwards	C.E.P.A.C.	9.61
3. S. Field	S'port/Wat.	9.49

TEAMS

1. Wirral	83 points
2. Wrexham	69 points
3. Colwyn Bay	65 points
4. Stretford	57 points
5. Warrington	56 points
6. Southport/Waterloo	37 points

BOYS (UNDER 15)

2 LAP

1. C. Cruse	Frodsham	22.5
2. D. McEwown	Warrington	22.6
3. D. Walker	Crewe	22.9

4 LAP

1. D. Lyon	Warrington	48.7
2. S. Banks	Wirral	48.9
3. S. Grove	Altrincham	49.1

6 LAP

1. M. Finlow	Frodsham	1.17.0
2. J. Harding	Warrington	1.18.4
3. M. Hardy	Wirral	1.19.4

8 LAP PARLAAF

1. Altrincham	1.38.7
2. Warrington	1.39.3
3. Wirral	1.39.3

4 × 2 LAP RELAY

1. Warrington	1.30.8
2. Frodsham	1.31.9
3. C.E.P.A.C.	1.34.9

STANDING LONG JUMP

1. J. Edgerley	Frodsham	2.76
2. D. Walker	Crewe	2.65
3. D. McEwown	Warrington	2.54

STANDING TRIPLE JUMP

1. J. Edgerley	Frodsham	8.46
2. J. Calfe	Warrington	8.40
3. C. Elliott	C.E.P.A.C.	7.89

HIGH JUMP (10mtr take off)

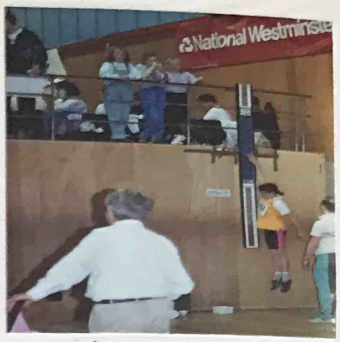
1. T. Middleton	Deeside	1.60
2. T. Clare	Warrington	1.55
3. M. Roberts	C.E.P.A.C.	1.55

SHOT

1. C. Elliott	C.E.P.A.C.	13.44
2. C. Parry	Liverpool	12.79
3. S. Banks	Wirral	12.32

TEAMS

1. Warrington	108 points
2. Frodsham	100 points
3. Wirral	76 points
4. C.E.P.A.C.	63 points
5. Altrincham	53 points
6. Colwyn Bay	17 points



ANNA HYDE.

EXPRESS ADVERTISER, MARCH 22, 1990

Two strike gold

ALTRINCHAM and District Athlecic Club's under 15 boys were unable to follow up their previous week's success when they competed at Stretford Leisure Centre last Sunday in the North West Sportshall Championships.

Daniel Waterfall and Sam Mabon, however, delighted the crowd with their performance in the 8 lap parlaaf in which they led from the start to win the team's only gold medal.

Steve Grove won bronze in the four lap race and finished fourth in the high jump with 1m55.

Sam Mabon's standing long jump of 2m48 also earned him fourth place.

Anna Hyde, ranked number one in the league in the Vertical jump claimed the gold medal with a leap of 55cm in a closely fought contest.

Anna's jump was a dissapointment to coach John Snape as she cleared 61cm recently and is capable of much more.

Next weekend will be a busy time for Altrincham's youngsters with the minor girls travelling to Berry Hill Park Mansfield on Saturday for the National Cross Country Relays and with the final round of the Cheshire Cross Country League at Newcastle-under-Lyne on Sunday.



DANIEL WATERFALL ANNA HYDE

STEVE GROVE SAM MABON

The Guardian Thursday March 22, 1990

Gold medal

AFTER last week's feast of medals at the Greater Manchester Sportshall Championships, Altrincham and District Athletic Club's U15 boys found the going rather more difficult at the North West Sportshall League Championships, held at Stretford Leisure Centre last Sunday.

Their high spot of the afternoon was the eight-lap race, their only gold medal event, with Daniel Waterfall and Sam Mabon clear winners.

Steve Grove won their only other medal with a bronze in the four lap race. Steve was fourth in the high jump with 2m 48cm.

U13 minor girl, Anna Hyde, ranked first in the league in the standing vertical jump with 61cm, could only manage 55cm on the day but it was good enough to win her the gold medal in a closely fought contest.

Altrincham's youngsters have a busy weekend ahead of them with the minor girls receiving a last minute invitation to the National XCross Country Relays at Berry Hill Park at Mansfield on Saturday, and coach John Snape is expecting a good turn out at the final Cheshire Cross Country League meeting at Newcastle-under-Lyne on Sunday.

The Timperley Independent - March 30th 1990

Successful Athlete

THE Timperley based youngsters of Altrincham & District Athletic Club have had tremendous success of late in the Adidas North West Sportshall League. The U11 girls have won through to the finals for the second year running and will be meeting teams from Wirral, Liverpool, Pilkingtons, Macclesfield, Stockport, Salford and Leigh at Leasowe near Wallesey this Saturday, March 31st.

The U15 boys have won through to their finals for the first time ever and met at Stretford on Sunday, March 18th. U13 girl Anna Hyde leads the rankings for the vertical jump with 61cm and has been invited to the final as an individual.

Following the Greater Manchester Championships, all six U15 boys have secured selection for the Greater Manchester County Team and will be competing in the North West Regional Championships to be held at Altrincham Liesure Centre on April 8th as part of the Altrincham 700 celebrations.

The youngsters meet at Timperley Recreation Ground, near Fresh Rest in Timperley on Tuesday evening from 7 pm - 8 pm under the supervision of Junior Athlete Coach John Snape. They have also been training on alternative Thursdays in the gym at Green Lane High School but will shortly be concentrating on field events on Thursdays.



ADIDAS NORTHWEST U11 SPORTS HALL FINAL AT LEASOWE MARCH 31ST 1990

RACHEL MCKENZIE, CLAIRE DONALDSON, SARAH BIESTY, TINA BROWN, VICKY ABBOTT, SARAH BROWN, KAREN SENIOR

OLIVIA THOMAS, CLAIRE DEMAINE, JENNY BIESTY, ANGELA BROCKLEHURST, FIONA DEMAINE

EXPRESS ADVERTISER, APRIL 5, 1990

Junior athletics

A TEAM of 12 under-eleven girls from Altrincham and District Athletic Club travelled to Leasowe, near Wallasey last Saturday to compete in the Adidas North West Sportshall Under-11 finals.

This year the format was rahter different than previously, with all events involving teams of two or four members.

Overall Altrincham achieved fourth place out of eight strong teams and gained the following medals: Gold in the team Long Jump (Angela Brocklehurst, Karen Senior, Jenny Biesty and Vicky Abbott).

Silver in the one lap by one lap Pairs Race (Fiona Demaine, and Karen Senior).

Bronze in the Over/Under Relay (Jenny Biesty, Claire Donaldson, Tiny Brown and Claire Demaine).



SARAH BROWN TAKES OVER FROM JENNY BIESTY - PAIRS RACE



JENNY BIESTY IN THE OVER UNDER RELAY.

ADIDAS NORTHWEST
SPORTS HALL FINALS
LEASOWE
31 MARCH 1990



GOLD MEDAL LONG JUMP TEAM

KAREN SENIOR
VICKY ABBOTT
ANGELA BROCKLEHURST
JENNY BIESTY

The Guardian Thursday April 5, 1990

The spirit of Altrincham

A SPIRITED team of 12 young ladies from Altrincham and District Athletic Club took part in the Adidas North West U11 Finals at Leasowe, near Wallasey, last Saturday.

Having achieved fifth place in the League, they did well to come out fourth on the day, behind arch rivals Wirral, Liverpool and Pilkingtons, and well ahead of Stockport, Salford Mets, Macclesfield and Leigh.

Eight of the girls won medals with the Long Jump team of Angela Brocklehurst, Karen Senior, Jenny Biesty and Vicky Abbott winning gold in fine style.

Silver medals were won by Fiona Demaine and Karen Senior in the one lap plus one lap pairs' race; bronze by Claire Demaine and Vicky Abbott in the six lap parlaaf time trial; and bronze by Jenny Biesty, Claire Donaldson, Tina Brown and Claire Demaine in the over/under relay.

This will probably be the last time these girls compete together as U11s, as all but three move up into the minor girls' U13s category as they approach the track and field season.



BRONZE MEDAL
OVER/UNDER RELAY TEAM

TINA BROWN
CLAIRE DEMAINE
JENNY BIESTY
CLAIRE DONALDSON



The Guardian Thursday April 5, 1990

Young athletes seek support

AS part of the Altrincham 700 Charter Celebrations, Altrincham Sports Centre is hosting the north west regional finals of the National Sportshall Athletic Championships on Sunday, April 8.

The event, sponsored by Trafford Borough Council and Panini, will involve teams of young athletes between the ages of 11 and 15, representing Merseyside, Cheshire, Clwyd, Greater Manchester and Lancashire, Gwynedd and Cumbria.

They will be competing for entry to the National Finals as well as for various trophies including an Altrincham Charter Celebration Trophy.

Altrincham District Athletic Club have representatives in the Greater Manchester and Lancashire team.

Support for these young local athletes and the team as a whole would be most welcome.

The event commences at 1.00pm and the hall will be open to the public from 12.00noon.

Admission is free. Further details may be obtained by contacting Altrincham Sports Centre on 928 2217.



YOUNGSTERS FROM ADAC & SALE HARRIERS ENJOYING THEMSELVES AT THE 1990 ITS A KNOCKOUT AT ALTRINCHAM LEISURE CENTRE

The Guardian Thursday April 12, 1990

Clare leads the way

ALTRINCHAM and District Athletic Club's Clare Barber led the Greater Manchester and Lancashire circuit relay team to victory in the North West Regional Sportshall Final, held at Altrincham Leisure Centre last Sunday.

She will now be going to the National Finals with her other team mates in the minor girls' team, following a cliffhanger victory, just beating Merseyside on points in the last event, the 4 x 2 lap relay. The final is to be held at Derby on Monday, May 7.

Altrincham's representation was strong in the U15 Boys' competition with the club fielding four of the seven team members of the Greater Manchester team. They did well to come away second best but were well beaten by Cheshire.

Steve Grove and Sam Mabon were unlucky not to win the eight lap parlaaf, coming second by one tenth of a second and Steve also had a good run in the four lap time trial, gaining second place.

Altrincham & District Athletic Club

PRESENTATION EVENING

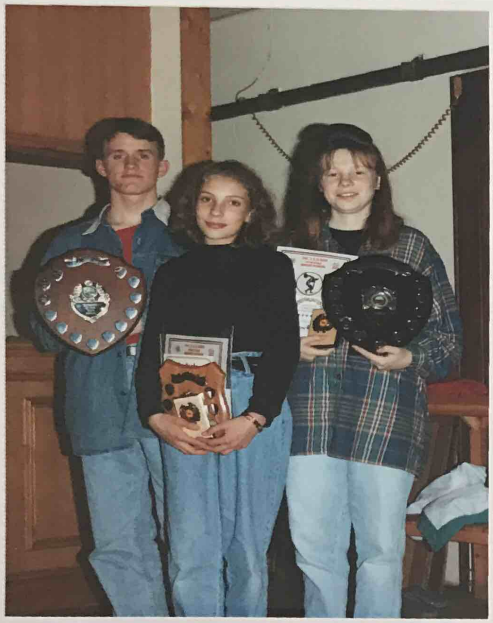
HOE DOWN • HOT POT SUPPER • BAR

at Civil Service Club, Ridgeway Road, Timperley

on Friday, November 16th, 1990

Tickets £5.00 Adults, £3.00 Juniors **8 till late**





ATHLETES OF THE YEAR DANIEL WATERFALL (YOUTHS) CAROLYN KENYON (GIRLS) & SARAH TUTTY (MINORS)

The Messenger, Friday, November 23rd, 1990

•Altrincham & District Athletic Club held their Annual Presentation Evening last Friday.

The major junior awards went to Sarah Tutty (Minor Girls Athlete of the Year), Carolyn Kenyon (Girls Athlete of the Year), James Goodall (Boys Athlete of the Year), and Daniel Waterfall (Youths Athlete of the Year).

Karen Senior won the Minor Girls Field Trophy and the best field event awards were awarded to Kevin Belben and Cathy Halliwell.

Claire Demaine won the Hardman Mile Trophy for the girls amd Aaron Smith for the boys with Sam Mabon winning the Youths Mile Trophy.

Carolyn Kenyon, Cathy Halliwell, and James Goodall also received Outstanding Awards under the AAA's Five Star Scheme.



KAREN SENIOR MINOR GIRLS FIELD TROPHY





HARDMAN MILE TROPHY
CLAIRE DEMANE & AARON SMITH



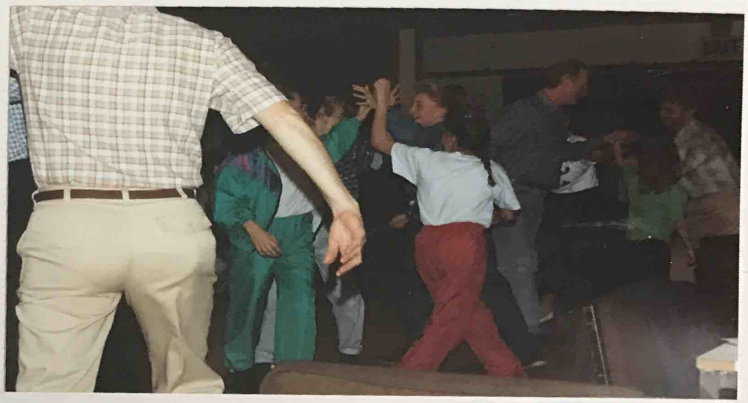
BOYS FIELD TROPHY DINNER
KEVIN BELBEN

EXPRESS ADVERTISER, NOVEMBER 22, 1990

At the Club Presentation Evening the juniors scooped up a number of awards. Athlete of the year trophies were awarded to Sarah Tutty (Minor Girls), Carolyn Kenyon (Girls) James Goodall (Boys) and Daniel Waterfall (Youths).

The Hardman Mile trophies were awarded to Claire Demane and Aaron Smith with Sam Mabon picking up the Youths Mile awards. A new trophy this year was the Minor Girls Field Trophy and this was won by Karen Senior.

Among a crop of 5-star awards were three for Outstanding Performance awarded to Carolyn Kenyon, Cathy Halliwell and James Goodall.




DRIVING THE DREAM
GM buses
TRAFFORD