

Altrincham & District Athletic Club

Club Records: Indoor Field - Female

Age Group	Name	Weight	Record	Year
Long Jump				
Under 10	Emma Simpson		2.35 metres	2012
Under 11				
Under 12	Clara Edwards		4.07 metres	2022
Under 13	Clara Edwards		4.33 metres	2023
Under 14	Rebekah Wilson		5.27 metres	2004
Under 15	Helen Roddis		4.36 metres	2002
Under 16	Rachael Lee		4.51 metres	2006
Under 17	Emma Simpson		4.89 metres	2018
Under 20	Helen Roddis		4.56 metres	2005
Senior				
High Jump				
Under 13	Clara Edwards		1.50 metres	2023
Under 14	Clara Edwards		1.44 metres	2024
Under 15	Rachael Lee		1.37 metres	2005
Under 16	Rachael Lee		1.49 metres	2006
Under 17	Helen Roddis		1.41 metres	2004
Under 20	Helen Roddis		1.39 metres	2005
Senior				
Triple Jump				
Under 16				
Under 17	Emma Simpson		11.09 metres	2020
Under 20	Liz Wilmott		9.65 metres	1997
Senior				
Shot Putt				
Under 12	Emma Lee	2.72 kg	7.49 metres	2002
Under 13	Clara Edwards	2.72 kg	4.19 metres	2023
	Clara Edwards	3 kg	6.15 metres	2023

Under 14	Rachael Lee	3.25 kg	4.90 metres	2004
	Clara Edwards	3kg	6.77 metres	2024
Under 15	Helen Roddis	3.25 kg	6.60 metres	2002
Under 16	Liz Wilmott	4.00 kg	6.91 metres	1995
Under 17	Liz Wilmott	4.00 kg	7.72 metres	1996
Under 20	Lynsey Jackson	4.00 kg	8.63 metre	1998
Senior				
Pentathlon				
Under 12				
Under 13	Clara Edwards		1883 points	2023
Under 14	Clara Edwards		2276 points	2024